

2022

Identification of North Sea areas suitable for cultivating *Saccharina* *latissima* as an alternative source of protein

Sykes, E.

Sykes, E. (2022) 'Identification of North Sea areas suitable for cultivating *Saccharina latissima* as an alternative source of protein', *The Plymouth Student Scientist*, 15(2), pp. 320-357.

<http://hdl.handle.net/10026.1/20112>

University of Plymouth

All content in PEARL is protected by copyright law. Author manuscripts are made available in accordance with publisher policies. Please cite only the published version using the details provided on the item record or document. In the absence of an open licence (e.g. Creative Commons), permissions for further reuse of content should be sought from the publisher or author.

Identification of North Sea areas suitable for cultivating *Saccharina latissima* as an alternative source of protein

Ella Sykes

Project Advisor: [Dr Gillian Glegg](#), School of Biological and Marine Sciences, University of Plymouth, Drake Circus, Plymouth, PL4 8AA

Abstract

Demands for food resources are increasing with the growing human population and the impacts of climate change on agricultural land. Protein is an essential macronutrient for human well-being and supplies are likely to face a global security crisis in the foreseeable future. However, research has shown that the brown seaweed species *Saccharina latissima* (*S. latissima*) could be an alternative plant-based source of protein for human consumption that can be sustainably farmed under North Sea conditions. Yet seaweed farming currently remains an underexploited resource in the United Kingdom (UK). This study aims to identify areas suitable for *S. latissima* cultivation in the exclusive economic zone of England's North Sea, to help decision-makers adapt to challenges in finding sustainable ways to feed the population. A multi-criteria decision analysis was used to identify twenty planning, technical and environmental constraint variables and their criteria for developing an *S. latissima* aquaculture site. The integrated methodical approach then used a geographical information system to perform a Boolean modelling technique that spatially mapped out constraints across the study area to create a suitability map. Results identify and illustrate the whereabouts of ~2.05 million hectares (~20,500km²) in the English North Sea that have the capacity for *S. latissima* cultivation. Findings conclude there is enough scope within the established Boolean areas for *S. latissima* yields to make meaningful contributions towards the UK's protein supply. However, analysis indicated that *S. latissima* should be regarded as a high-quality food source rather than being viewed solely for potential protein content. It is recommended that future work investigates the Boolean areas in further detail by adding a weighted suitability overlay to identify between suitable and optimal areas for *S. latissima* aquaculture, which will strengthen site selection decision-making.

Keywords: Aquaculture, Boolean, cultivation, GIS, macroalgae, MCDA, North Sea, plant-based protein, *Saccharina Latissima*, seaweed, site selection, sugar kelp, sustainability, UK.

Introduction

Project rationale: Global food security challenges

Agricultural land, climate change and resource demands

A staggering 50% of Earth's habitable land is used to produce food for human consumption (Roser *et al.*, 2019). These agricultural practices are contributing towards the acceleration of climate change (Carter *et al.*, 2017). Meanwhile, climate change is diminishing the yields from agricultural practices (Malhi *et al.*, 2021). This relationship is subsidising a network of positive feedback loops that are pushing climate change towards a threshold whereby any human intervention to reverse consequences will be trivial (IPCC, 2021).

The increased magnitude and frequency of extreme weather events have conspicuously changed previously stable seasonal cycles and decreased the fertility of agricultural land or destroyed it completely (Qiu *et al.*, 2022; Cogato *et al.*, 2019). This is challenging farmers to plan harvests and produce high yields impacting food security and socio-economics on a global scale (Mbow *et al.*, 2019). The deterioration of agricultural productivity is also being amplified by increasing occurrences of saltwater inundation in coastal regions, due to flooding caused by sea level rise (Lindsey, 2022; Duarte *et al.*, 2020; Spencer *et al.*, 2015) which is reducing the quality of agricultural soil (DEFRA, 2022).

Since 2005 the global population has been rising by approximately 83 million people per year and the United Nations (2019) anticipates figures to reach 8.6 billion by 2030, and 9.8 billion by 2050. In addition, long-term trends show growth in the global gross domestic product (FAO, 2021) which correlates to a growing consumption of resources (Alper, 2018). Including the global per capita daily energy and protein intake (Roser *et al.*, 2019) (figure 1), which is further increasing the pressure on food supplies to meet their demand. This is concerning as the world will need 60% more food by 2050 assuming there is no reduction to the current amount of food waste (FAO, 2012).

Bottom-up consumer food demands

Debating which food source is a better or worse burden on the environment is subject to conscious and subconscious bias and can be assessed from many different perspectives (Murphy, 2020). However, as the landmass available for agriculture is shrinking and becoming increasingly unreliable, a workable solution could be to sustainably utilise the ocean's resources to produce an alternative source of protein (Cicin-Sain, 2015). Moreover, it is agreed that primary productivity supports the metabolic requirements of every species above in the food chain and that 90% of energy is lost when transferred to the next trophic level (only 10% is converted into biomass) (Eddy *et al.*, 2021). Therefore, transfer inefficiency problems arise. However, if people replaced the consumption of higher trophic levels with primary producers' energy could be conserved (Eddy *et al.*, 2021). Recent decades have brought demands that would support this transition towards protein alternatives to dairy, meat, and fish, as shown in figure 1 which illustrates a growing consumption of plant-based protein in the UK.

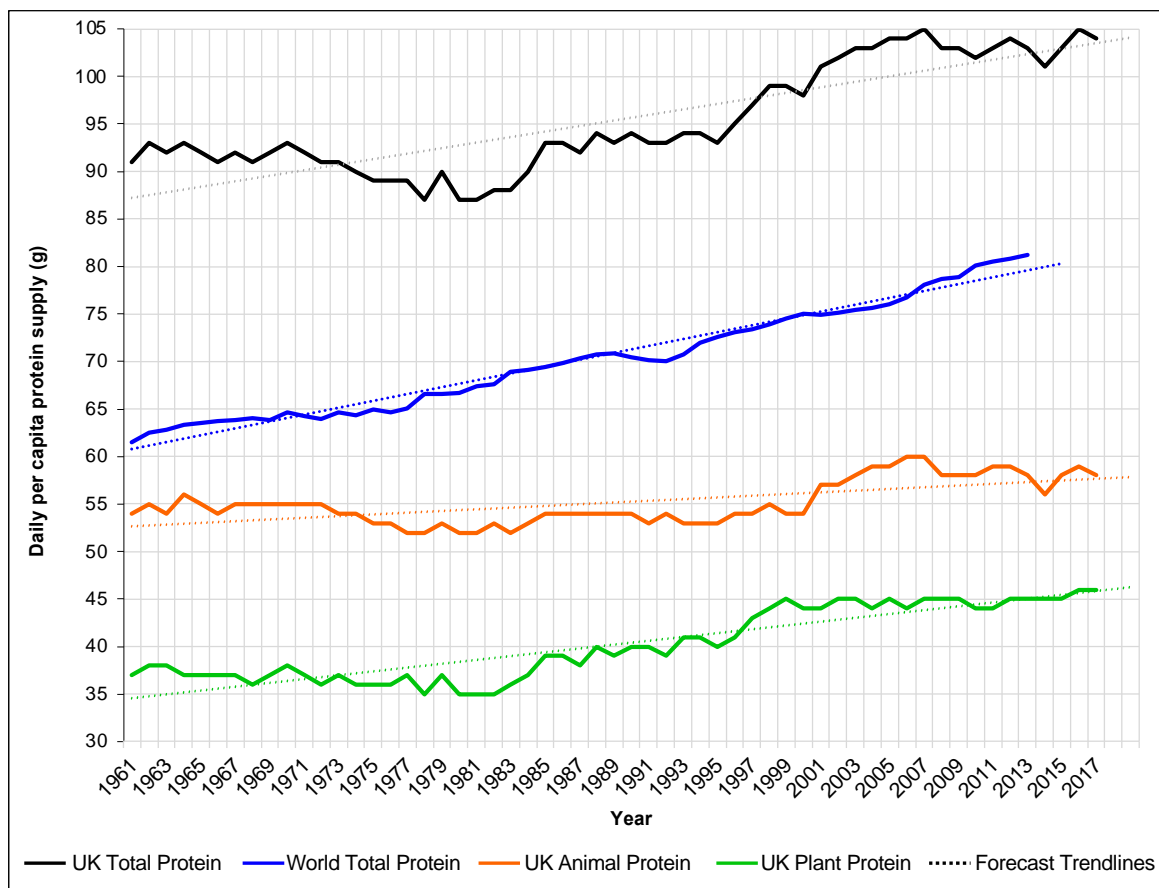


Figure 1: Daily per capita protein supply, measured in grams per person per day. This figure illustrates time series data of the origin (animal or plant) of the UK’s per capita protein supply, along with the total (animal and plant combined) daily protein supply for the UK and world. Animal protein includes protein from all meat commodities, eggs, dairy products, fish, and seafood. Data was acquired from the FAO (2018).

For instance, the number of vegans living in the UK was ~600,000 in 2019 which was a 300% increase from 2014 (Howard, 2021). Additionally, 14% of UK adults currently follow a meat-free diet and the number of omnivores eating meat-free meals is also increasing (Nilsson, 2019). Protein extraction using an environmentally sustainable yet feasible method that complies with a plant-based diet is required to feed this request. Yet challenges arise as although for multiple reasons including poor dietary choice anyone can develop malnourishment, people who consume plant-based diets are more susceptible to regularly lacking in essential amino acids (Kiely *et al.*, 2021) and micronutrients, including iodine (Fallon *et al.*, 2020; Grouffh-Jacobsen *et al.*, 2020) and vitamin B-12 (Kapoor *et al.*, 2017). Furthermore, vegans may ingest higher volumes of pesticides when compared to non-vegans (Van *et al.*, 2009).

However, macroalgae can contain an abundance of micronutrients and proteins (Patarra *et al.*, 2011) and its cultivation alleviates many terrestrial-based farming issues as it does not require fresh water, fertiliser or rely on arable land that could be diminished by intense precipitation and droughts (Stanley *et al.*, 2019). It may also

not require pesticides; however, farm infrastructure could still utilise a form of antifouling (Zheng *et al.*, 2019).

Theoretical background to macroalgae cultivation

Macroalgae

Seaweeds are benthic multicellular algae taxonomically classified based on their photosynthetic pigment combinations (Pereira, 2016). They are usually restricted to relatively shallow coastal waters as they must receive adequate sunlight to photosynthesise whilst simultaneously anchoring their holdfasts (a root-like structure) to a substrate (Yesson *et al.*, 2015). Brown seaweeds can inhabit the subtidal zone as they contain dominant ancestry photosynthetic carotenoid pigments such as, xanthophyll (yellow pigment) and fucoxanthin (brown pigment, responsible for their brown characteristics), which enables them to absorb light in parts of the spectrum where chlorophyll is less efficient (O'Sullivan, 2010). This wide absorption range allows brown seaweed to grow at greater depths than green (Pereira, 2016).

Saccharina latissima

The demand for seaweed-derived products in Europe is increasing (Kim *et al.*, 2017). However, harvesting seaweed is not an environmentally feasible method to meet the growing demands as wild seaweed stocks may become overexploited (Callaway, 2015). Though, seaweed aquaculture would alleviate this risk whilst yielding ecosystem services and socio-economic benefits (Buck and Grote, 2018).

Kelp (phylum Ochrophyta, order Laminariales) is a category of brown seaweed which is a dominant type of macroalgae in aquaculture, and *Saccharina latissima* (*S. latissima*) also known as Sugar Kelp, is a brown kelp species commonly spread throughout Europe (Portugal to Norway) (Stanley *et al.*, 2019). It is also the most cultured European seaweed species because it has a rapid biomass growth rate (Bak *et al.*, 2018; Handä *et al.*, 2013), and commercially important tissue content for food applications (Stévant *et al.*, 2017; Marinho *et al.*, 2015). Such as, the structural carbohydrate alginic acid (a complex polysaccharide used as a stabilizer and emulsifier) (Harmsen, 2014), and the storage carbohydrate mannitol (used as a sweetener), along with containing proteins (Stanley *et al.*, 2019). However, despite *S. latissima* proven to be successfully farmed under North Sea conditions (Kieckens, 2021; Broch *et al.*, 2019; Van den Burg *et al.*, 2013), UK seaweed cultivation remains an underexploited resource (Cai, 2021).

Cultivating S. latissima as a source of protein

There are many methods for farming *S. latissima* and depending on the farm site characteristics different approaches to spore production, seeding, harvesting and post-harvest treatment are used (Forbord *et al.*, 2020; Stanley *et al.*, 2019; Blikra *et al.*, 2019). However, a pH-shift extraction method (Harrysson *et al.*, 2018) and the use of sonication and enzymes have proven to be effective methods for extracting proteins from *S. latissima* (Klyve, 2020). Furthermore, though the total protein content of *S. latissima* depends on environmental conditions, season, and processing methods (Marinho *et al.*, 2015a), *S. latissimas* protein content has shown to be highest when out planted in autumn and harvested in early spring (Bak *et al.*, 2019), giving *S. latissima* the potential to be a suitable choice for producing an alternative source of protein (Pereira, 2016).

Additionally, *S. latissima* contains an abundance of iodine (Aakre *et al.*, 2021), a vital mineral for the secretion of thyroid hormones triiodothyronine and thyroxine (Zimmermann, 2011; Opazo *et al.*, 2020). This is significant as, a study on UK individuals following omnivore, vegetarian and vegan diets found that vegans and vegetarians had a significantly higher risk of iodine deficiency when compared to omnivores (Eveleigh *et al.*, 2022). Furthermore, *S. latissima* also contains photosynthetic bioactive compounds that are absent from terrestrial plants (Brown *et al.*, 2014) such as fucoxanthin, which has antioxidant and anticancer properties (Wang *et al.*, 2019; Pangestuti and Kim, 2017).

Aim and objectives

This paper aims to identify suitable areas for *S. latissima* cultivation as an alternative source of protein for human consumption within England's North Sea exclusive economic zone (EEZ), an area where seaweed cultivation has potential but is currently underexploited. The outcomes of this research aim to provide a valuable decision-making tool that involves stakeholders to implement an English North Sea *S. latissima* farm, that ultimately could contribute towards sustainable protein production.

This study's objectives to achieve the aim are:

- To examine the main requirements for *S. latissima* aquaculture.
- To identify and set appropriate criteria parameters for each requirement through a multi-criteria decision analysis.
- To conduct geographical information system (GIS) modelling to map out the parameters of each variable into constraint layers within the study area (English North Sea EEZ).
- To identify any areas that have the potential for *S. latissima* cultivation using a Boolean modelling technique and analyse the feasibility for suitable areas to produce a source of protein.

Methodology

Study procedure

The main parameters which need to be considered to determine the location for an aquaculture site include technical, planning and biological suitability variables (MMO, 2020; Buck *et al.*, 2018). Every variable within these parameters was identified to evaluate if the constraint could jeopardise the instalment of an aquaculture site. Next, a multi-criteria decision analysis (MCDA) which has been approved as an effective method for geovisualisation studies (Malczewski and Rinner, 2015), was conducted to determine the relevant criteria for each factor. The selected constraints were then mapped out and overlaid using a Boolean modelling technique, which meant that only places that met every criterion were classed as an appropriate area for *S. latissima* cultivation. Then the Boolean modelling results were analysed to assess the area's potential feasibility to yield a source of protein. This study process has been depicted throughout the flow diagram in figure 2a, b, c and d.

Model description

The Boolean data logic is that there can only be two possible values (true or false) meaning that an area either is or is not suitable. Boolean modelling was the chosen technique as it has been verified as an appropriate method by other spatial analysis studies' including: Jahangiri *et al.*, 2016; Eskandari *et al.*, 2016; Longdill *et al.*, 2008; Al-Adamat *et al.*, 2010; Thomas *et al.*, 2019 and Machiwal *et al.*, 2015. Additionally, Boolean results will clearly illustrate areas that have or do not have a capacity for *S. latissima* farming which will reduce potential stakeholder conflicts (Eastman, 2006).

Software and materials

Scientific literature, secondary data, and GIS software were used to conduct the MCDA and map out constraints for the Boolean assessment. ArcGIS was the selected computer program as it is a powerful tool that supports input, visualisation, and modelling for spatial data (Malczewski, 2010). The data search focused on ArcGIS compatible datasets and for this data availability and cost-free access were factors that influenced the selection of datasets (table 1).

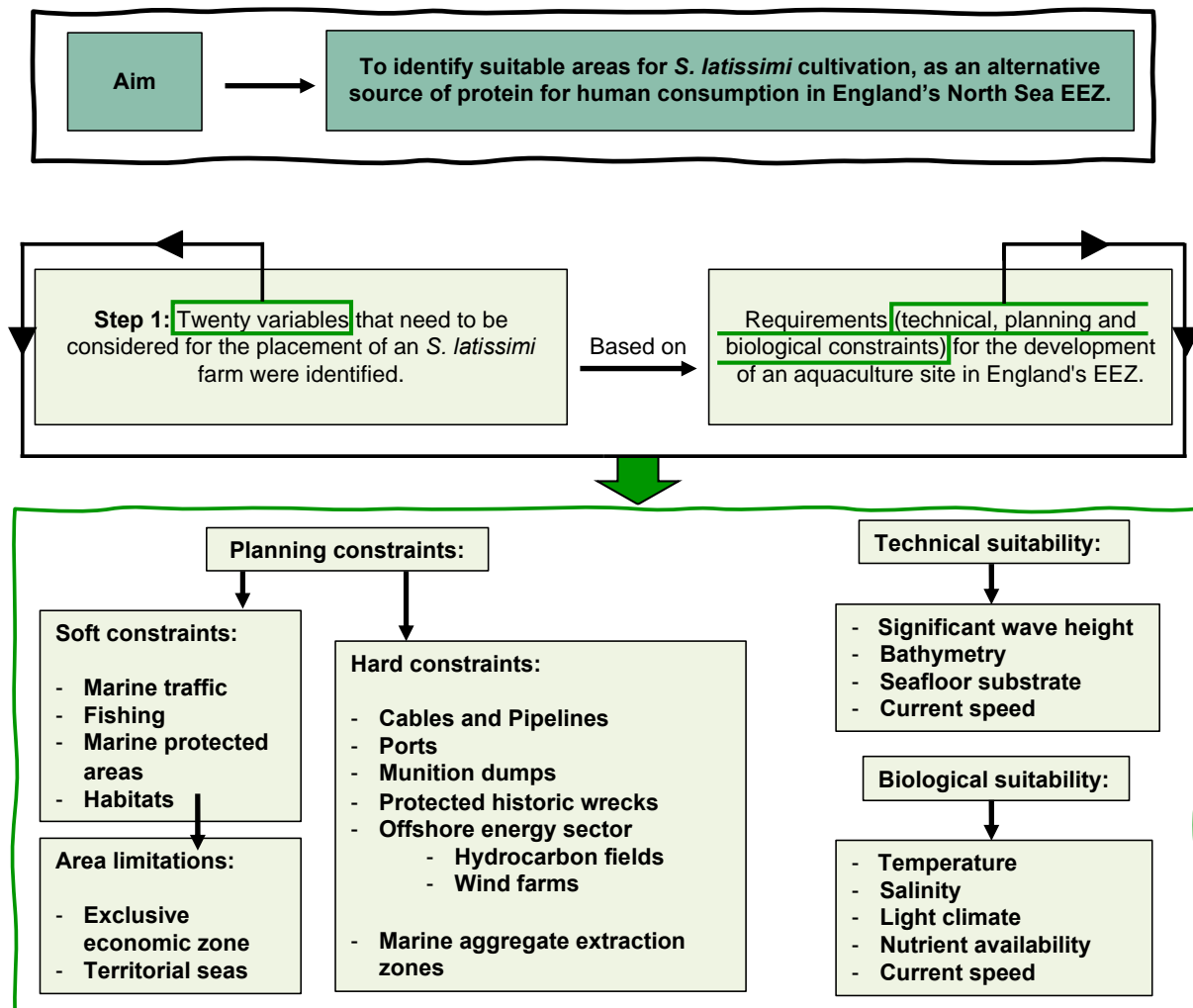


Figure 2a: Step 1, illustration of the aim and identification of variables, within the sequence of steps taken in the methodological procedure to establish the research aim. *S. latissima* refers to *Saccharina latissima*, EEZ refers to exclusive economic zone.

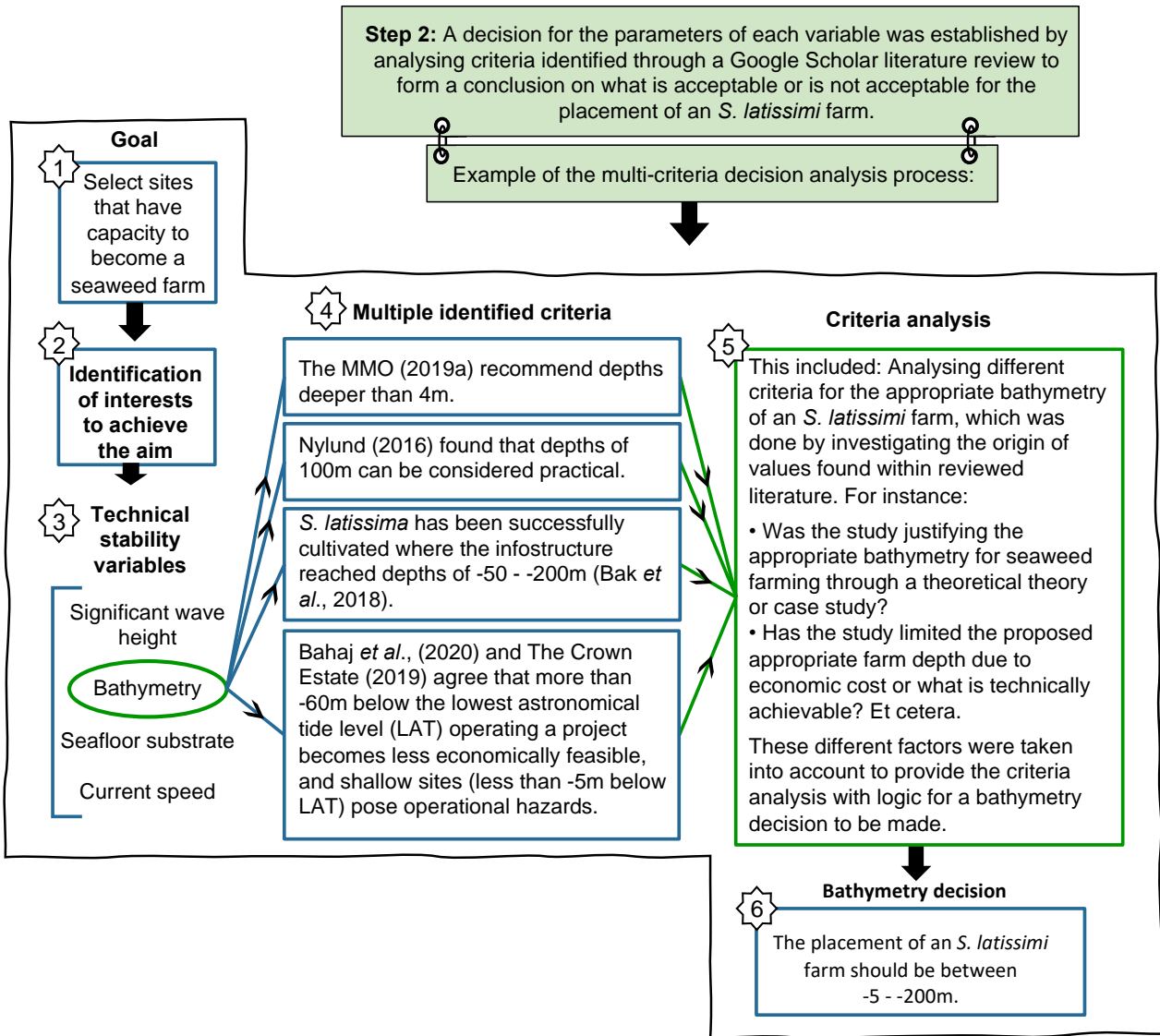


Figure 2b: Step 2, illustration and explanation of the sequence of steps taken in the multi-criteria decision analysis within the methodological procedure to establish the research aim. *S. latissima* refers to *Saccharina latissima*, EEZ refers to exclusive economic zone.

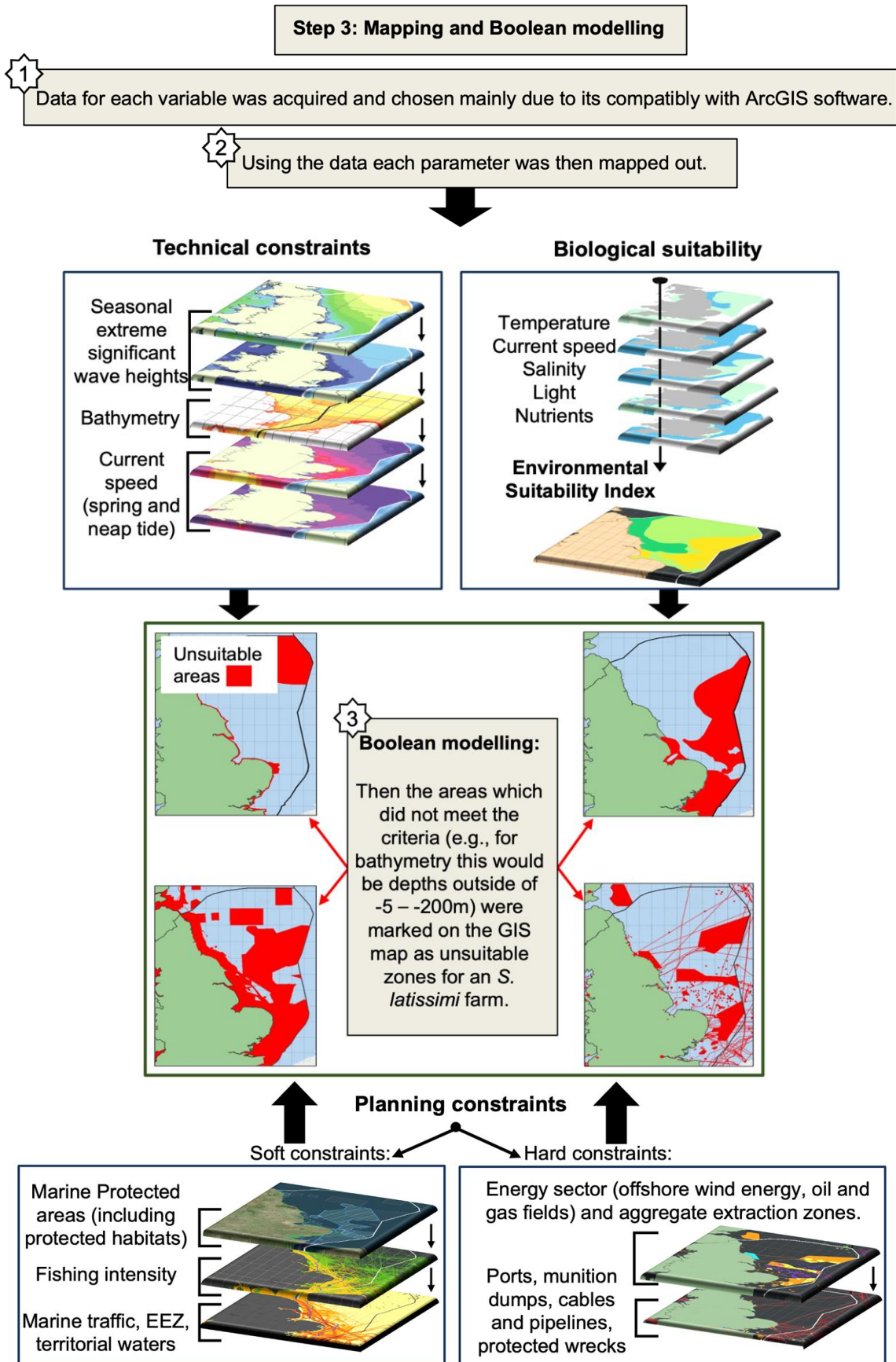


Figure 2c: Step 3, illustration of the sequence of steps taken in the methodological procedure to establish the research aim. *S. latissima* refers to *Saccharina latissima*, EEZ refers to exclusive economic zone. Graphic contributions based on materials from: MMO (2019); EMODnet (2016); and ABPmer (2008).

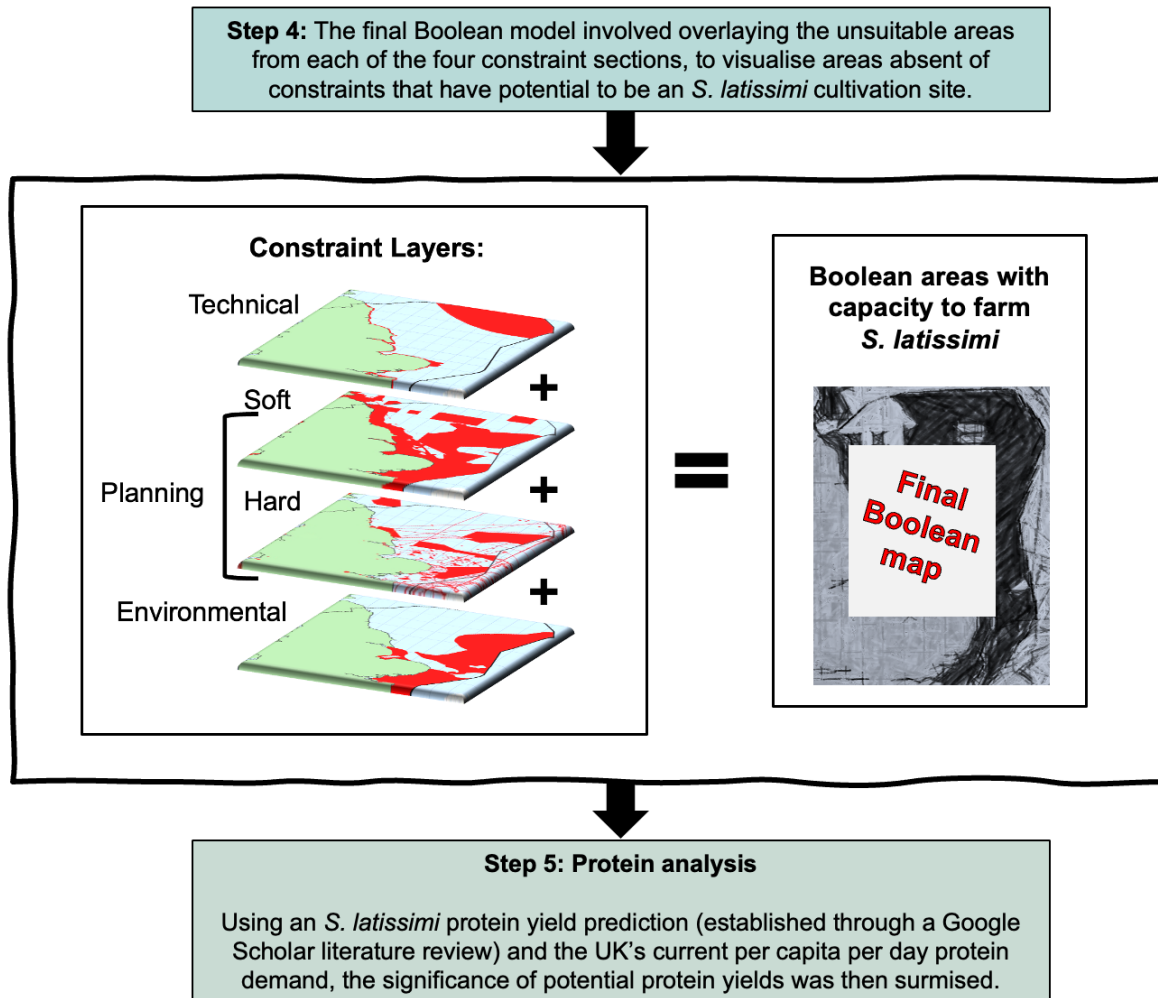


Figure 2d: Step 4, illustration of the Boolean model overlay of all variables. Step 5 shows the protein analysis, within the sequence of steps taken in the methodological procedure to establish the research aim. *S. latissimi* refers to *Saccharina latissima*.

Uncertainties

The Boolean approach has no trade-off as it is a straightforward overlay of all maps. Thus, the Boolean model assumes that each criterion has equal significance but, not all layers will have the same impact on the suitability of an aquaculture site.

Decision making

To carry out the GIS-based MCDA all chosen criteria their justification and the setting of their parameters was reliant upon decision-making, this implies there will be uncertainties related to human error. To conclude a MCDA is an individual tool thus, by applying different reasoning and interpretation of data the choices made throughout this study are subject to discussion.

Data sources

All GIS databases (table 1) have been quality controlled by the platform authoriser (ArcGIS, 2021). However, this report acknowledges that it had no control over the accuracy of data quality inspections.

Table 1: Data source selection of the chosen ArcGIS and other geodatabase layers. The environmental suitability index layer is an intersection of salinity, temperature, light climate and nutrient variables which has been used to establish areas suitable for *S. latissima* growth.

Layer	ArcGIS geodatabase source
Authorised (2022) seabed aggregate extraction sites	The Crown Estate, 2022
Cables and pipelines	Infrapedia, 2018; TeleGeography, 2016
Exclusive economic zone	UK Hydrographic Office, 2018
Fishing density	The Maritime and Coastguard Agency, 2020
Marine protected areas	JNCC, 2022
Marine Traffic	The Maritime and Coastguard Agency, 2020
Munition dumps	EMODnet, 2018
Offshore wind cable area agreement	The Crown Estate, 2021
Offshore wind energy sites	Esri, 2017
Offshore wind farm development zones	Global Offshore Wind Farm Database, 2019; OSPAR, 2016
Oil and gas fields	Leeuwarden, 2021
Shipping ports	National Geospatial Intelligence Agency, 2018
UK territorial limit	Seafish, 2021

Layer	Data source
Bathymetry	EMODnet, 2016; North Sea Observation and Assessment of Habitats, 2014
Environmental suitability index	MMO, 2019
Mean peak current speed	ABPmer, 2008
Mean significant wave height	ABPmer, 2008
Protected wrecks	Maritime & Coastguard Agency, 2020

Results

Tables 2a – 2d provide the criteria decision for each variable (a limitation or conflicting use of the North Sea) and the logic behind the decision, which was concluded by analysing multiple existing criteria for the site selection of an *S. latissima* farm. After the MCDA the established criteria for each variable (either defined as a constraint or factor) was then used as the parameters to create a Boolean suitability map. The Boolean model outcome was achieved by identifying areas that did not meet the criteria parameters (table 2a – 2d) for each variable and programming those locations as not suitable, which generated the spatial whereabouts of zones that are either suitable or unsuitable for the placement of an *S. latissima* aquaculture site.

- *S. latissima*'s biological suitability (table 2a) shows that all environmental variables are fundamental for the growth of *S. latissima* thus, areas which have unsuitable conditions cannot be considered for the placement of a seaweed farm.

- All soft and hard planning variables (tables 2b and 2c, respectively) will influence the placement of a seaweed farm. However, the MCDA showed that hard planning variables were mainly constraints, meaning that a potential cultivation site cannot coexist among the location of these variables. Whereas table 2b showed that the criteria parameters for soft planning variables were more factor-based.
- Table 2d identified the criteria for culture-specific technical suitability and found that to an extent the ability for a seaweed cultivation site to withstand offshore conditions relies upon the selected farm infrastructure, rather than the prevailing environmental conditions. For example, table 2d showed that when considering bathymetry although the seaweed itself will usually be in the top 15m of the water column, the farm can be situated in deeper waters as anchors and floats hold the kelp vertically in place. Every location within the study area that did not meet the criteria of the technical parameter decisions was programmed as unsuitable within the Boolean GIS modelling.

Table 2a: Multi-criteria decision for environmental variables that are all based on the natural growth of *S. latissima* bar current speed which represents values for cultivation.

Variable	Decision	Criteria	Reason
Sea Surface Temperature (SST) (°c)	Factor	Prohibit cultivation from areas where the annual extreme SST is <2°c and / or >18°c	• The environmental threshold for the growth of <i>S. latissima</i> 's is between 2°c - 18°c (Bolton and Lüning, 1982; Kerrison <i>et al.</i> , 2015).
Salinity parts per thousand (ppt)	Factor	Prohibit cultivation from areas where the annual extreme salinity is <15 ppt	• Because of effects on osmotic processes salinity <15 ppt is not suitable for the growth of <i>S. latissima</i> (Kerrison <i>et al.</i> , 2015; Smale <i>et al.</i> , 2016).
K _d Photosynthetically active radiation (PAR) 10% light depth (m)	Factor	Prohibit cultivation from areas where there is <1 K _d (PAR) 10% light depth (m)	<ul style="list-style-type: none"> • Due to photosynthetic requirements <1 K_d (PAR) 10% light depth (m) is unsuitable for <i>S. latissima</i> growth (MMO, 2019; van der Molen <i>et al.</i>, 2018; Guo <i>et al.</i>, 2015). • However, when cultivating kelp there is scope to enhance light climate conditions by optimising the infrastructure position in the water column (MMO, 2019).
Winter total oxidised nitrogen (TOxN mmol/m ³)	Factor	Prohibit cultivation from areas where the annual extreme TOxN is <4 mmol/m ³	• Nitrates are essential for seaweed growth and although during winter kelps can store nitrogen to make proteins in spring (Van den Burg <i>et al.</i> , 2013), a TOxN <4 mmol/m ³ is unsuitable for the environmental threshold of <i>S. latissima</i> (Broch <i>et al.</i> , 2013; Kerrison <i>et al.</i> , 2015).
Current speed (m/s)	Factor	Prohibit cultivation from areas where the annual extreme current speed is >1.5 m/s or <0.1 m/s	<ul style="list-style-type: none"> • Buck <i>et al.</i>, (2005) and the MMO (2019) recommend current speeds of <1.5m/s for the biological suitability of farmed <i>S. latissima</i>. • Current speeds <0.1 m/s may not be suitable to support the growth of <i>S. latissima</i> (MMO, 2019).

Table 2b: Criteria for the planning suitability regarding soft constraint variables for *S. latissima* cultivation.

Variable	Decision	Criteria	Reason
Marine traffic	Factor	Prohibit cultivation from areas with >20.1 vessels crossing per week (these areas include commercial shipping lanes)	<ul style="list-style-type: none"> • Thomas <i>et al.</i>, (2019) and Nunes da Silva Ramos (2016) agree that areas with a vessel traffic density of < 20.1 vessels crossing per week are suitable for macroalgae cultivation site selection. • Aquaculture areas should not coincide with commercial shipping lanes due to socio-economic impacts (Roesijadi <i>et al.</i>, 2011; Siddiqui, 2018).
Fishing intensity	Factor	<p>Avoid cultivation in fishing grounds, identified by fishing vessel tracks</p> <p>(≥ 10h fishing / km² / month)</p>	<ul style="list-style-type: none"> • Seaweed cultivation should be restrained from fishing and trawling grounds (Siddiqui, 2018), which can be identified by analysing GIS-based fishing vessel track density (Mendo <i>et al.</i>, 2019; Jennings and Lee, 2012). • For instance, EMODnet (2020) has depicted areas of ≥ 10 hours of fishing activity per km² per month as significant fishing grounds.
Marine Protected Areas (MPA's)	Constraint	Prohibit cultivation within MPA's	<ul style="list-style-type: none"> • Existing legal framework does not automatically authorize aquaculture in MPA's (Wood <i>et al.</i>, 2017; Capuzzo <i>et al.</i>, 2016). • However, dependent on the outcome of site-specific surveys permission may be granted (Wood <i>et al.</i>, 2017).
Habitats	Factor	<p>Prohibit cultivation within protected habitats (MPA's)</p> <p>Assess local habitats upon site selection</p>	<ul style="list-style-type: none"> • Protected habitats can be avoided by prohibiting cultivation within all MPA's (JNCC, 2021; Wood <i>et al.</i>, 2017). • After a proposed farm site is selected the surrounding habitats need to be assessed (e.g., this could include an environmental impact assessment) (Wood <i>et al.</i>, 2017).
Area limitations	Constraint	Prohibit cultivation within territorial seas and outside of the English EEZ	<ul style="list-style-type: none"> • An English cultivation site is restricted to within the English exclusive economic zone (EEZ) (MMO, 2019a). • Options for the selection of a farm site may be limited within territorial seas (MMO, 2019a) due to stricter planning regulations for example, those posed by The Crown Estate. Thus, legally permitting farming in these waters can be challenging and it also has a greater risk of stakeholder conflicts (Wood <i>et al.</i>, 2017).

Table 2c: Criteria for the planning suitability, regarding hard constraint variables for *S. latissima* cultivation.

Variable	Decision	Criteria	Reason
Cables and Pipelines	Constraint	Prohibit cultivation on and above cables and Pipelines	<ul style="list-style-type: none"> • Cultivation infrastructure (e.g., anchors) that drift or are deployed onto a cable or pipeline can cause displacement and breakages resulting in high economic damage for repair costs (European Subsea Cables Association, 2020; Anderson, 2017). • This is partially concerning in the North Sea due to the significance of electricity cables transporting energy from offshore wind farms to the mainland (European Commission, 2021; Office for National Statistics, 2021a).
Ports	Factor	Restrain cultivation in and around close proximities to ports	<ul style="list-style-type: none"> • Sites near a port may act as an auxiliary to cultivation efficiency by providing loading and unloading facilities (Roberts <i>et al.</i>, 2021). • However, farms in a very close proximity can cause marine traffic associated obstructions due to the overcrowding of sea space (Thomas <i>et al.</i>, 2019).
Munition dumps	Constraint	Prohibit cultivation over munition dumps	<ul style="list-style-type: none"> • Munition dumps are a human and marine health hazard risk and thus should be avoided (Beck <i>et al.</i>, 2018; Wilkinson, 2017).
Protected historic wrecks	Constraint	Prohibit cultivation over protected wrecks	<ul style="list-style-type: none"> • In the absence of a licence granted by the Secretary of State it is a criminal offence to deploy equipment (e.g., anchors) or obstruct access to protected wreck sites (Historic England, 2015).
Offshore energy sector	Constraint	Prohibit cultivation within licenced energy sector areas	<ul style="list-style-type: none"> • Although the use of sea space can be optimised by co-locating offshore wind farms or oil platforms with aquaculture sites (Lee, 2020; Jansen <i>et al.</i>, 2017), permitting this involves risks (Lacroix and Pioch, 2011) and requires stakeholder collaborations that cannot be guaranteed. Subsequently, farm site authorisation within the energy sector is not ensured (Van den Burg <i>et al.</i>, 2020). • Consequently, for this analysis energy sector areas were not considered appropriate for a farm site.
Marine aggregate extraction zones	Constraint	Prohibit cultivation within marine aggregate extraction zones	<ul style="list-style-type: none"> • Areas of current licensed marine aggregate extraction zones will need to be avoided due to a conflict of interest and the release of surplus sediment into the water column which affects seaweed growth (Kenny <i>et al.</i>, 2018).

Table 2d: Multi-criteria decision for culture-specific technical suitability variables for *S. latissima* cultivation.

Variable	Decision	Criteria	Reason
Significant wave height	Factor	Prohibit cultivation from areas where the significant wave height can exceed 2.5m	<ul style="list-style-type: none"> • Cultivated <i>S. latissima</i> in the North Sea and Faroe Islands have shown to have a peak wave height tolerance of approximately 6.5m (Buck and Buchholz, 2005) and 8m (Buck <i>et al.</i>, 2018), respectively. • The MMO (2019) considers an optimum farm wave height of <4. • The Crown Estate (2019) and Bahaj <i>et al.</i>, (2020) suggests that significant wave heights exceeding >2.5m create unsafe working conditions. • Zhu <i>et al.</i>, (2021 and 2020) found that <i>S. latissima</i> aquaculture attenuates waves, suggesting that suspended canopies could tolerate high energy wave environments.
Bathymetry	Factor	Prohibit cultivation from areas where the bathymetry is less than -5m or greater than -200m	<ul style="list-style-type: none"> • The MMO (2020 and 2019a) recommend depths deeper than 4m. • Nylund (2016) found that depths of 100m can be considered practical. • <i>S. latissima</i> has been successfully cultivated where the infostructure reached depths of -50 - -200m (Bak <i>et al.</i>, 2018). • Bahaj <i>et al.</i>, (2020) and The Crown Estate (2019) agree that, at depths >-60m below the lowest astronomical tide level (LAT) operating a project becomes less economically feasible, and shallow sites (less than -5m below LAT) pose operational hazards.
Seafloor substrate	Factor	Infostructure dependent	<ul style="list-style-type: none"> • Although a firm substrate may be the most suitable for the use of moorings for long-lines, cultivation anchors are selected depending on the type of seafloor substrate thus, substrate will not restrict the positioning of a seaweed farm (Cardia <i>et al.</i>, 2015).
Current speed	Factor	Prohibit cultivation from areas where the current speed is >1.5 or <0.1 (m/s)	<ul style="list-style-type: none"> • Despite limited research on the recommended current speed for seaweed cultivation it is considered a critical technical factor as it exerts stress on aquaculture infostructure (Cardia <i>et al.</i>, 2015). • Buck and Buchholz (2005) found the infostructure current speed tolerance of a North Sea <i>S. latissima</i> farm was ~1.5m/s before the kelp holdfasts became displaced. • The MMO (2019) recommends a current speed of between <1.5 - >0.1m/s for the biological suitability of farmed <i>S. latissima</i>.

Tables 2a – 2d: For this study the criteria decisions for each variable were considered a constraint if all the geographical areas of the variable are unsuitable. That is, if they completely constrained or physically prevented the development of an aquaculture site. For example, this could be legislative or political boundaries (e.g., marine protected areas and exclusive economic zones) or barriers (e.g., oil platforms). Whereas the criteria decisions for each variable were considered as a factor, if out of all the geographical regions where the variable can be found some of the areas were suitable, but in other areas where the same variable is present the location is unsuitable. For example, this could be environmental variables (e.g., salinity, where areas <15 ppt are unsuitable but areas >15 ppt are suitable) or planning variables (e.g., marine traffic, where areas that have >20.1 vessels passing per week are unsuitable but areas of <20.1 are suitable).

Main findings

The North Sea is an intensively utilised and crowded area with many socio-economic activities competing for space. Figure 3 acknowledges the influence of the variables from each layer (environmental, planning and technical suitability factors) on the site selection for *S. latissima* cultivation. Ultimately, figure 3 shows that soft constraints are the most limiting in terms of space availability. However, tables 2a – 2d indicated that hard planning variables (figure 3) have the highest restrictions in terms of physical constraints preventing the implementation of an *S. latissima* farm. Yet, many of the restrictions posed by technical variables (figure 3, table 2d) can be mitigated by decisions such as the choice of structural design and cultivation technology.

Key results

The Boolean model is the result of overlaying areas that did not meet the criteria of every input layer (to view individual layers involved in creating the Boolean model please refer to this paper's supplementary material). Figure 4 is a geovisualisation of the Boolean model results showing there is scope for the growth and farming of *S. latissima* in the English EEZ within the North Sea region. The suitable regions are all spatially distributed offshore in exposed areas and can be divided into a few smaller isolated sections and one more extensive zone. However, when combined suitable areas cover ~2.05 million hectares (~20,500km²).

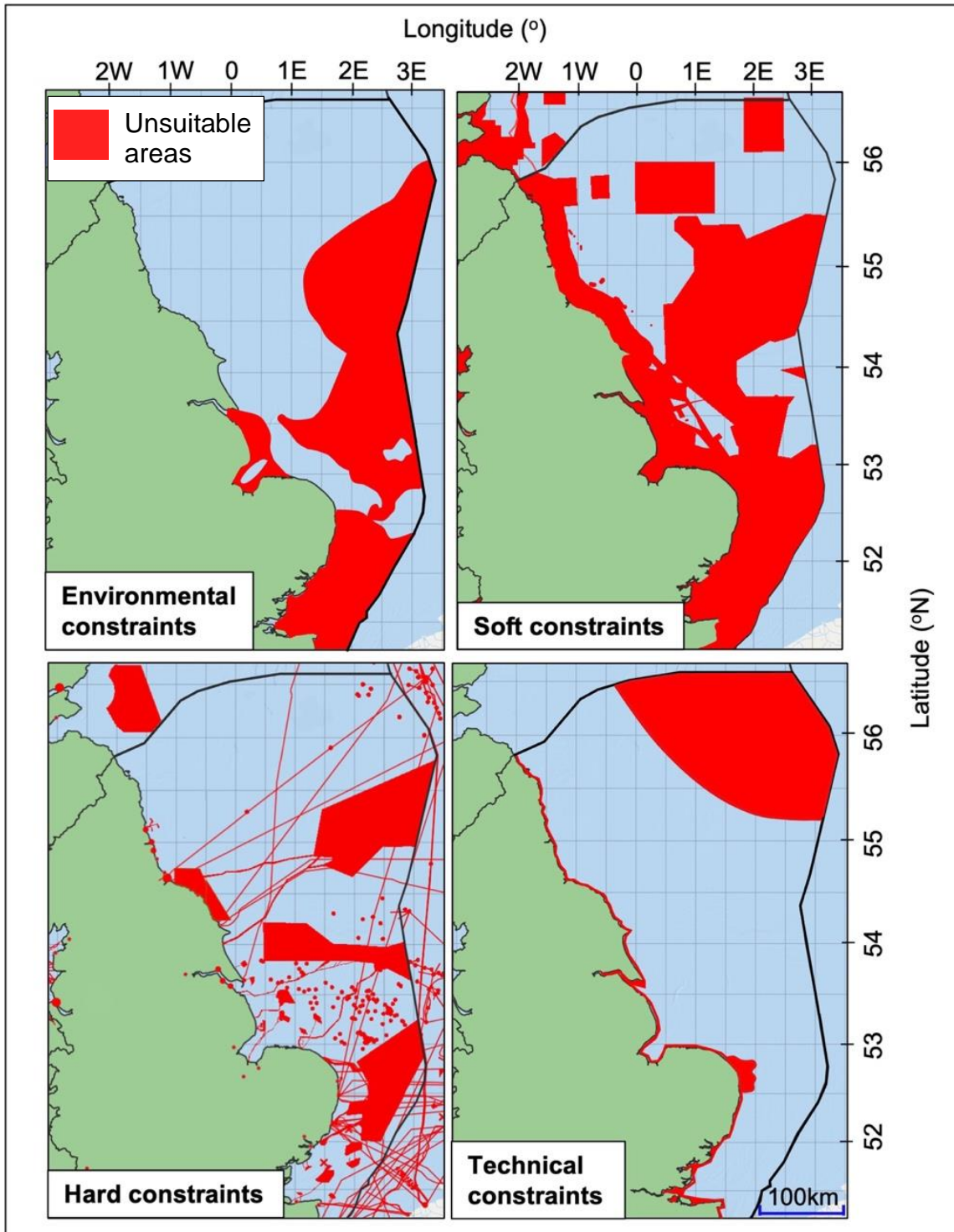


Figure 3: Boolean areas within each section (environmental, technical and planning) that will confine the development of an *Saccharina latissima* farm. These results have been formed from the Boolean modelling of each criterion (established through a multi-criteria decision analysis in tables 2a – 2d) from the four constraint categories: Environmental variables, technical variables, soft planning variables and hard planning variables. Made using ArcGIS with all data and base layer sources from table 1.

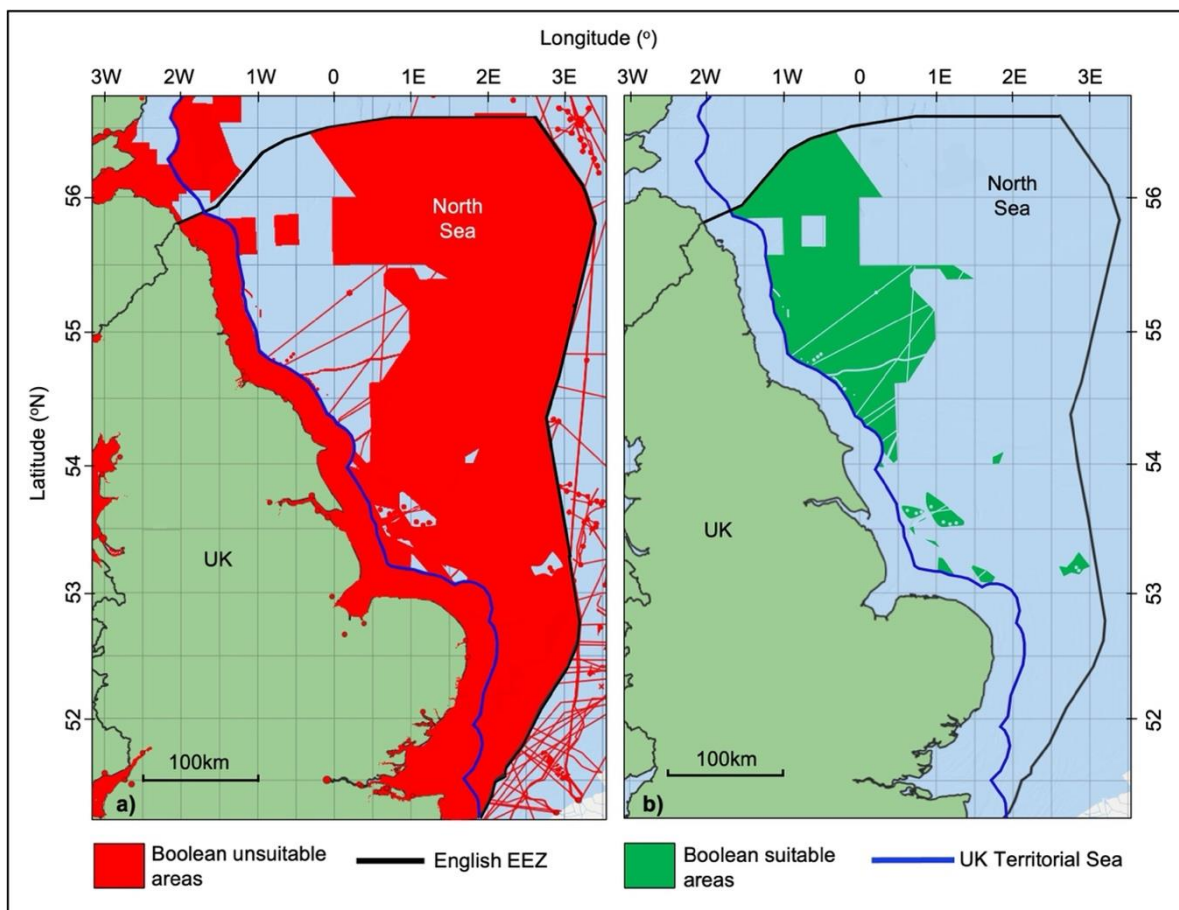


Figure 4: Suitability map of all areas combined from each section (environmental, technical and planning variables) that are either unsuitable (a) or suitable (b) for *Saccharina latissima* cultivation. This figure incorporates the layering of multi criteria from the planning, environmental and technical variable datasets, that together have created the spatial index of the Boolean suitable areas. Made using ArcGIS with all data and base layer sources from table 1.

Discussion

The aim of this investigation was to identify suitable areas to cultivate *S. latissimi* as an alternative source of protein for human consumption in England's North Sea EEZ. This study has produced a Boolean suitability index for *S. latissimi* farming that incorporates planning, technical and environmental constraints, which to the best of the author's knowledge has not been attempted before within the chosen study area. Results from the Boolean model have clearly demonstrated the whereabouts of ~2.05 million hectares (~20,500km²) where there is scope for *S. latissima* cultivation. This area is roughly equivalent to the land coverage of Wales (~20,780 km²) (figure 6) which indicates there is large capacity for cultivation within the North Sea. These results will potentially act as a valuable geographical decision-making tool that could help to reduce stakeholder conflicts when selecting areas for the implementation of a North Sea *S. latissima* farm; that could produce a more sustainable source of protein in comparison to traditional UK aquaculture and agriculture methods.

Evaluation of *S. latissima* cultivation within Boolean areas

The next sub-sections (potential biomass production – amino acid profile and quality) investigates previous findings and current statistics. The reasoning behind this is to

establish a baseline so that results from this study’s Boolean modelling can be related to the present state of knowledge within the existing field of *S. latissima* cultivation.

Potential biomass production

There are large variations in the predicted biomass that an *S. latissima* farm can produce (table 3). For instance, under optimum conditions 57.5 tonnes (t) of dry weight (DW) *S. latissima* could be produced per hectare (ha) (0.01km²) per year (Sharma *et al.*, 2018) (table 3). In contrast, other trials have estimated the annual DW production of *S. latissima* at 4.2 (t ha⁻¹) (Pechsiri *et al.*, 2016) (table 3).

Table 3: Previously published yield estimates for *S. latissima* cultivation, by fresh weight biomass potential in different geographical regions. Skjermo *et al.*, (2014) has approximated that *S. latissima* biomass is 85% water weight, so the dry weight (15%) has been calculated for every fresh weight reference using this value. Literature was reviewed using Google Scholar with key search terms: *S. latissima*, cultivation and biomass. t ha⁻¹, refers to tonnes per hectare (0.01 km²), IMTA is integrated multi-trophic aquaculture and per year relates to one cultivation cycle.

Fresh weight biomass yield (t ha ⁻¹) per year	Dry weight (t ha ⁻¹) per year	Location	Remark	Reference
28	4.2	Sweden	Upscaled from small-scale field trials.	Pechsiri <i>et al.</i> , 2016
29	4.4	New England, North East USA	Estimations of a 1 ha hypothetical kelp farm, based on years of <i>S. latissimi</i> cultivation yields.	Yarish <i>et al.</i> , 2017
40	6	Galicia, Spain	Estimates from trial site biomass values.	Peteiro and Freire, 2013
45	6.8	Western Norway	Upscaled potential, form the IMTA of Salmon and <i>S. latissima</i> .	Fossberg <i>et al.</i> , 2018
75	11.3	Norway	Model based estimate for average within entire Norwegian baseline.	Broch <i>et al.</i> , 2019
95	14.3	Eastern Canada	Recalculated by Broch <i>et al.</i> , (2019) from a yield of 19.95t per 0.21ha.	Reid <i>et al.</i> , 2013
170	25.5	Norway	Predictions from an analysis on seaweed biobased products.	Skjermo <i>et al.</i> , 2014
200	30	Norway	Based on values that have been upscaled.	Masson <i>et al.</i> , 2015
220	33	Scotland	Upscaled from small scale field trials in IMTA.	Sanderson <i>et al.</i> , 2012
230	34.5	Norway	Model-based estimate for a (September deployment) maximal yield in the entire Norwegian baseline.	Broch <i>et al.</i> , 2019
383	57.5	Central Norway	Upscaled by Broch <i>et al.</i> , (2019) from yield reports of 38.3kg / m ² from February - June.	Sharma <i>et al.</i> , 2018
Mean value = 138 Standard deviation = 113	Mean value = 21 Standard deviation = 17			

This is because variables such as time of out planting, harvesting, the depth and spacing of long lines and nutrient availability, differ between sites and approximations. However, the mean DW value among reviewed literature (key Google Scholar search terms: *S. latissima*, cultivation and biomass) is 21 (t ha⁻¹) (table 3). This potential production is over double in comparison to some of the UK's most cultivated arable primary producers such as wheat (DEFRA, 2020) (figure 5).

Potential protein production

Research has highlighted that the composition of macronutrients in *S. latissima* is subject to debate (Stanley *et al.*, 2019). For instance, values of the percentage of protein in *S. latissima* have been found to considerably range between 4.3% - 26% (Bak *et al.*, 2019; Pereira, 2016). This is partly due to factors such as the timing of harvest as *S. latissima*'s composition fluctuates throughout different seasons (Tiwari and Troy, 2015) for instance, *S. latissima* reaches its highest protein content in autumn – early spring while peak carbohydrate content and biomass yields occur in the summer months (June – August) (Bak *et al.*, 2019; Schiener *et al.*, 2015). Furthermore, different offshore cultivation sites can have unique environmental conditions including nutrient availability which impacts *S. latissima*'s biochemical composition thus, protein percentage (Slegers *et al.*, 2021). Moreover, there is a lack in understanding of how different *S. latissima* ecotypes respond to environmental changes, which makes quantifying protein content for the species across a large geographical range inexact (Broch *et al.*, 2019). Additionally, contradicting estimations could originate from the different nitrogen-to-protein conversion factors that can be relied on for total protein content determination, which can result in an under or over estimation (Bak *et al.*, 2019). Furthermore, some studies use different methods altogether such as a quantitative amino acid analysis (Bak *et al.*, 2019).

The protein composition of *S. latissima* cultured in the UK, Norway and North Sea area has been valued at ~10% (Nielsen *et al.*, 2020; Monteiro *et al.*, 2020; Marinho *et al.*, 2015a) if deployed in autumn and harvested in spring (March – May) (Nielsen *et al.*, 2020; Marinho *et al.*, 2015a). Based on the mean DW biomass production of 21t per ha⁻¹ (table 3, figure 5), this would imply that a 1ha and 1km² *S. latissima* farm in the North Sea could annually (every cultivation cycle) produce 2.1t and 210t of DW protein, respectively. For comparison purposes, when related to the UK's most cultivated arable crop, wheat, which is ~13% protein, *S. latissima*'s protein content is 3% lower. However, per hectare *S. latissima* cultivation would produce almost double the volume of protein (2.1t DW protein ha⁻¹) than wheat (1.1t DW protein ha⁻¹) due to its high biomass yield (table 3, figure 5). Although, in comparison to the protein yielded from higher trophic levels, on the basis that in the UK there is capacity for 2500 free-range chickens per ha⁻¹ (DEFRA, 2019), ~5.5 tonnes of protein per ha⁻¹ per year can be produced from chicken eggs (6g protein per egg) (USDA, 2019). This value is ~2.6* (times) higher than potential *S. latissima* yields. However, food production from higher trophic levels requires more resources and is usually a bigger burden on the environment (Notarnicola *et al.*, 2017; Smil, 2014; Reijnders *et al.*, 2003; Smil, 2002).

To put *S. latissima*'s yield predictions (table 3) into perspective, roughly every 12,000ha (120km²) (figure 6) would supply 1% of the UK's population (670,000 people) (Office for National Statistics, 2021) with their yearly protein demand

(~25,400t of protein) when using the most recent (2017) daily per capita protein consumption prediction of 104g (figure 1) (FAO, 2018). However, using the highest hypothetical *S. latissima* DW yield (57.5t ha^{-1}) (table 3) and protein content (26%) predictions (Pereira, 2016) that are based on growth under optimum conditions (equivalent to a protein yield of ~15t per ha), this would reduce the 12,000ha area required to ~1690ha (16.9km^2).

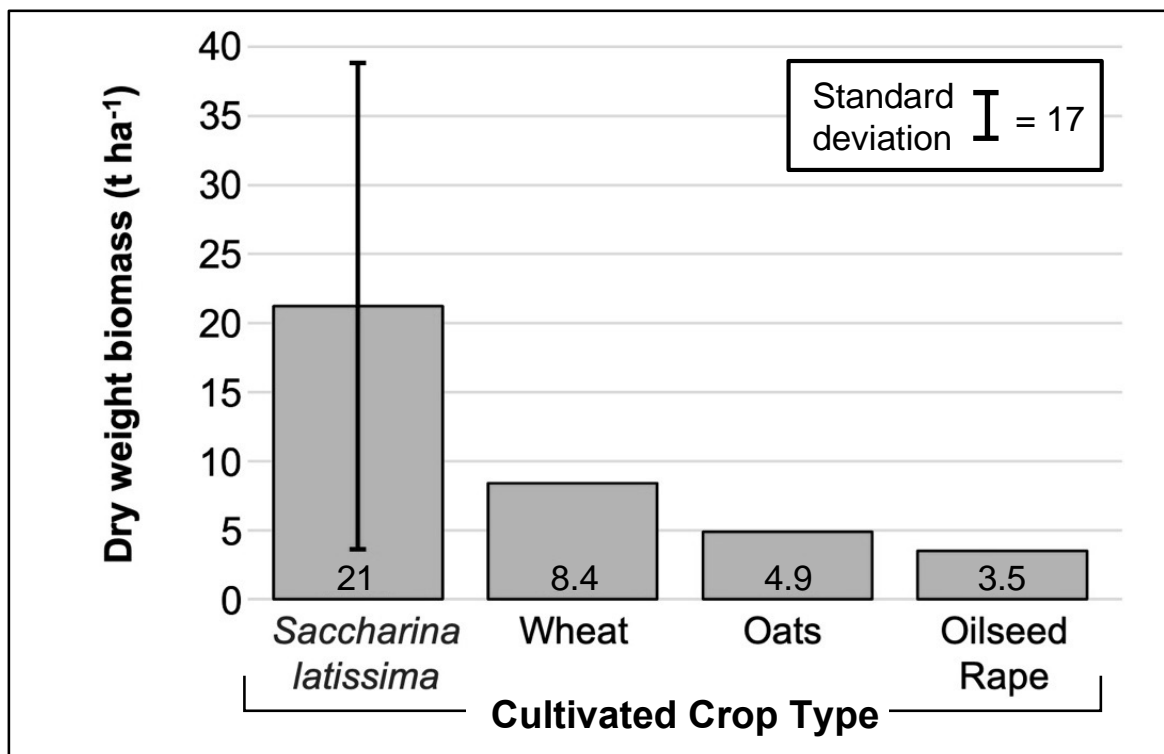


Figure 5: The mean dry weight yield in tonnes per hectare (0.01km^2) per year for *Saccharina latissima* grown across different geographical regions (using findings from table 3), in comparison to some of the UK's most cultivated arable crops. The error bar is at a 99.9% confidence level. Values for wheat, oats and oilseed rape are a five-year (2015 – 2020) average of UK yield data. Data source (DEFRA, 2020).

From a different evaluation viewpoint, if the protein yielded by North Sea *S. latissima* cultivation were to supply 5% of the UK's population (3.35 million people) (Office for National Statistics, 2021) with their current protein demand (104g per day (figure 1), 10,452t per month) (FAO, 2018) for one month (30 days), then using the average protein yield (2.1t ha^{-1}) and content (10%) predictions, approximately 5000ha (50km^2) would have to be utilised. Figure 6 illustrates the area required if the monthly protein demand from 5% of the population were to be met by *S. latissima* farming. Marine Scotland (2017) has defined a small-medium farm as $\leq 0-50 \times 200\text{m}$ seaweed cultivation lines, and with 1.5m line spacing 50 lines would cover 1.5ha (0.015km^2). This means that if the demand were to be met by a series of small-medium size *S. latissima* farms (illustrated in figure 6) 3333 cultivation sites would be required.

It is important to know that this study does not suggest the implication of 3333* 1.5ha macroalgae farms. Rather, these statistics and figure 6 have been used to demonstrate the scale of cultivation in relation to the significance of potential yields.

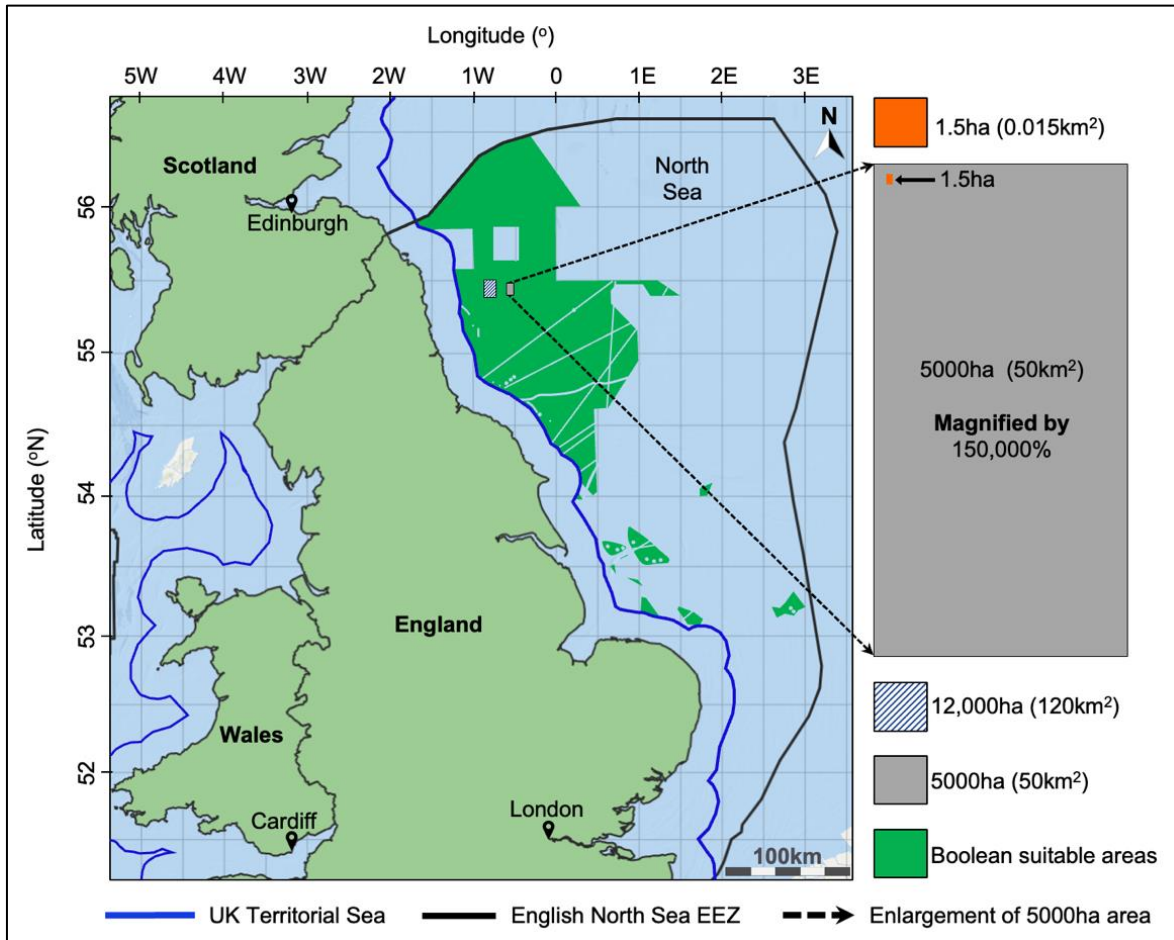


Figure 6: Illustration of areas that would have to be utilised to produce enough protein to supply 1% of the UK’s population with their yearly protein demand (~12,000ha) and 5% of the UK’s population with their monthly protein demand (~5000ha). This figure also demonstrates the scale of a small-medium size farm (1.5ha) within a ~5000ha area. It would take 3333 of these small-medium size farms to cover a total area of 5000ha. Areas to demonstrate scale have been placed at random within the Boolean suitability map. Made using ArcGIS, ha refers to hectare.

Amino acid profile and quality

The essential amino acids to total amino acid (EAA/TAA) ratio is used to assess the quality of protein within food for human consumption (Bleakley *et al.*, 2017; Černá, 2011). A study in the Faroe Islands found that essential amino acids that humans cannot self-synthesise for example, lysine which is a valuable EAA within the protein economy (Leinonen *et al.*, 2019), have been found to make up >50% of the amino acids in *S. latissima* when harvested in March (Bak *et al.*, 2019). A food with an EAA score of >100% means that the quantity of EAA’s exceeds ratio requirements (mg EAA/g protein) for 3 –10-year-olds (WHO, 2007), and findings from Bak *et al.*, (2019) show that *S. latissima* had a score of 106% (when harvested in March), indicating that that the protein content in *S. latissima* is high quality (WHO, 2007). Furthermore, Bak *et al.*, (2019) found that regardless of total protein percentage the ratio of

different amino acids in *S. latissima* does not significantly deviate between cultivation depth and exposed or sheltered cultivation sites.

Environmental interactions

The rationale behind this project was the unprecedented need for the sustainable production of resources. Both positive and negative environmental modifications can be correlated to macroalgae cultivation (Xiao *et al.*, 2021; Seghetta *et al.*, 2016). However, if appropriate measures are put in place *S. latissima* can be sustainably cultivated (Campbell *et al.*, 2019). Furthermore, sustainable *S. latissima* aquaculture and the ecosystem services that it yields could have socio-economic benefits (Visch *et al.*, 2020; Wood *et al.*, 2017), which would help the UK to reach 2030 goals such as those set by the United Nations (UN, 2020) (figure 7).

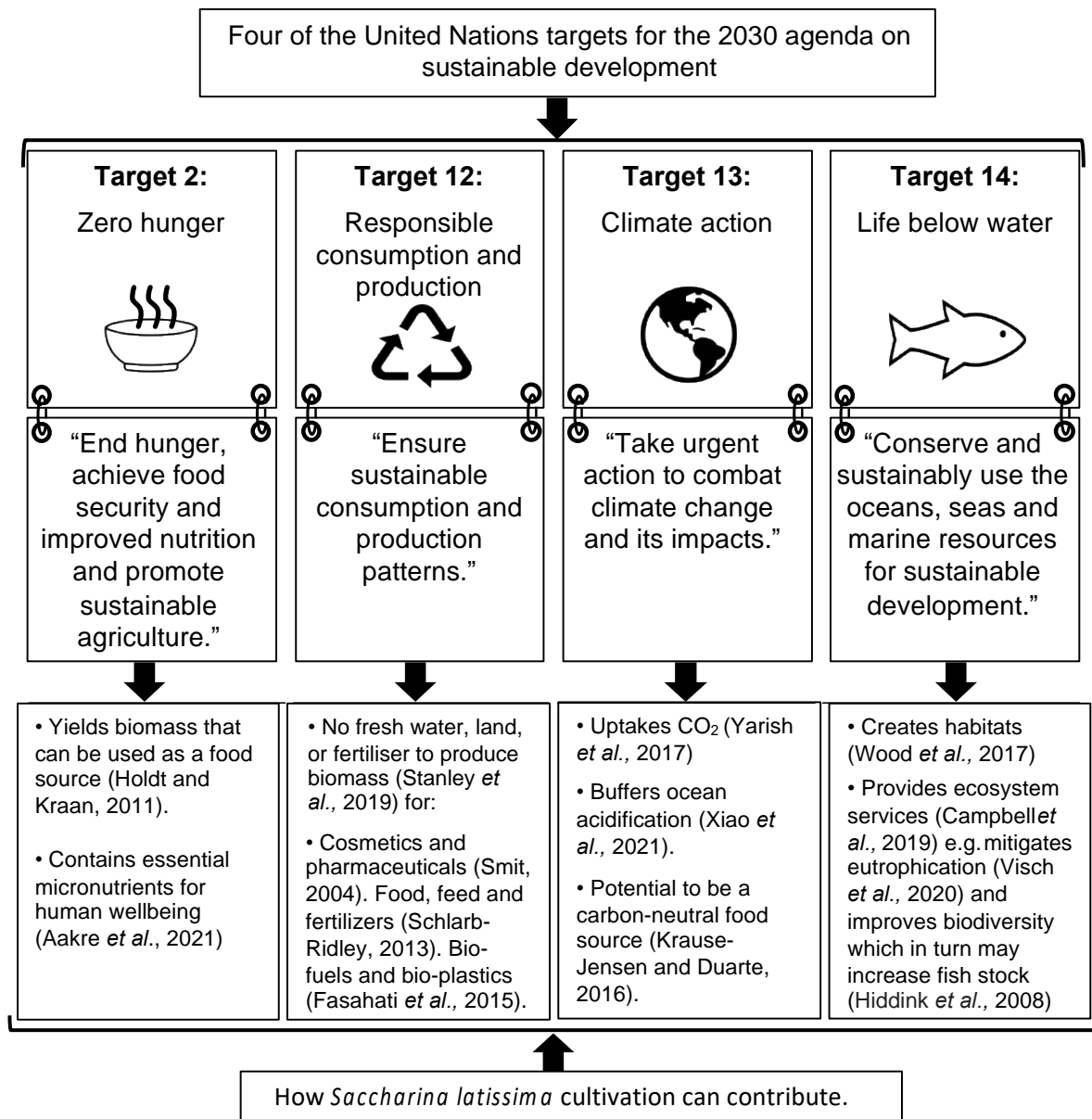


Figure 7: The United Nations sustainable development goals and how seaweed farming could help to reach these targets. Target quotations are credit of the United Nations (2020).

This may contribute towards an assortment of different solutions that together might help ease the rate of climate change whilst still allowing humanity to develop (Yarish *et al.*, 2017; Duarte *et al.*, 2017).

Conclusion

Decision-makers will have an essential role in tackling challenges related to the growing human population and the subsequent snowballing increase in food supply demands, which present complicated sustainability challenges. However, this study's Boolean modelling has identified the whereabouts of ~2.05 million hectares (~20,500km²) suitable for *S. latissima* cultivation absent of environmental, technical, and planning constraints, within the highly utilised English North Sea area. This is significant as sections of this identified area could be used to produce a currently underexploited alternative food source. Furthermore, if properly controlled this production would efficiently and sustainably utilise the ocean's resources to contribute towards meeting the unprecedented rise in resource demands.

Upon analysis, the Boolean feasible areas have capacity to produce large quantities of *S. latissima* biomass that could make a meaningful contribution to the UK's protein supply. However, there are many predictions for *S. latissima*'s protein content at the lower end of values when compared to other UK farmed foods, and the protein percentage of *S. latissima* within the identified Boolean areas remains uncertain. Therefore, at present, prospects for *S. latissima* solely as a source of protein remain very limited. Consequently, the cultivation of North Sea *S. latissima* currently should not be regarded as a potential viable protein supply but, rather as an alternative food source which has a high-quality amino acid profile, contains bioactive compounds and essential minerals that can contribute towards overall human wellbeing.

Future work

Boolean approach

As the Boolean model values each criterion with equivalent importance, outcomes presume that all Boolean areas are equally suitable for farm site selection. Therefore, it is recommended that future work investigates this report's Boolean areas using a suitability index weighted overlay, as this more detailed approach will be able to distinguish between adequate and highly optimum sites, which will help strengthen site selection decision-making.

Quantifying yield expectation

Examining existing literature indicated that *S. latissima*'s potential protein yield is subject to surrounding environmental conditions thus, predictions have large variability. Therefore, future work within trial sites is required to evaluate the site-specific feasibility of an *S. latissima* farm to facilitate high protein yields. This could be achieved through water quality surveys. For example, by examining nitrogen concentrations the growth rate and protein percentage of *S. latissima* will have an increased confidence level.

Acknowledgements

I would like to thank my research advisor Dr Gillian Glegg, academic tutor Dr. Jill Schwarz and the journal editor Dr Jason Truscott, at the University of Plymouth for their guidance throughout this project. Furthermore, I would like to thank the ArcGIS-compatible data sources for making their datasets freely accessible which ultimately

provided the knowledge required to make meeting this report's research aim possible.

References

Aakre, I., Solli, D.D., Markhus, M. W., Mahre, H.K., Dahl, L., Henjum, S., Alexander, J., Korneliussen, P.A., Madsen, L. and Kjellevold, M., (2021). Commercially available kelp and seaweed products-valuable iodine source or risk of excess intake?. *Food & Nutrition Research*, 65.

ABPmer. (2008). Atlas of UK Marine Renewable Energy Resources. United Kingdom: ABP Marine Environmental Research for Department of Trade and Industry. *Technical Report, Renewable Atlas Pages, No. R1432*. Date of access (12/01/2022). Online. Available at: <https://www.renewables-atlas.info>
<https://www.renewables-atlas.info/downloads/#>

Al-Adamat, R., Diabat, A. & Shatnawi, G., (2010). Combining GIS with multicriteria decision making for siting water harvesting ponds in Northern Jordan. *Journal of Arid Environments* , Volume 74, pp. 1471 1477.

Alper, A., 2018. The relationship of economic growth with consumption, investment, unemployment rates, saving rates and portfolio investments in the developing countries. *Gaziantep University Journal of Social Sciences*, 17(3), pp.980-987.

Anderson, C. (2017) Submarine power cable losses totalling over EUR 350 million in claims. 4C Offshore. Online. Available at:
<https://www.4coffshore.com/windfarms/submarine-power-cable-losses-totalling-over-eur-350-million-in-claims-nid5127.html>

ArcGIS. (2021). Regulated quality assurance. Quality control. Online. Available at: <https://desktop.arcgis.com/en/arcmap/latest/extensions/maritime-charting-guide/edit-dnc/quality-control.htm>

Bahaj, A.S., Mahdy, M., Alghamdi, A.S. and Richards, D.J., (2020). New approach to determine the Importance Index for developing offshore wind energy potential sites: Supported by UK and Arabian Peninsula case studies. *Renewable Energy*, 152, pp.441-457.

Bak, U.G., Mols-Mortensen, A. and Gregersen, O., (2018). Production method and cost of commercial-scale offshore cultivation of kelp in the Faroe Islands using multiple partial harvesting. *Algal research*, 33, pp.36-47

Bak, U.G., Nielsen, C.W., Marinho, G.S., Gregersen, Ó., Jónsdóttir, R. and Holdt, S.L., (2019). The seasonal variation in nitrogen, amino acid, protein and nitrogen-to-protein conversion factors of commercially cultivated Faroese *Saccharina latissima*. *Algal Research*, 42, p.101576.

Beck, A.J., Gledhill, M., Schlosser, C., Stamer, B., Böttcher, C., Sternheim, J., Greinert, J. and Achterberg, E.P., 2018. Spread, behavior, and ecosystem

consequences of conventional munitions compounds in coastal marine waters. *Frontiers in Marine Science*, 5, p.141.

Bleakley, S. and Hayes, M., (2017). Algal proteins: extraction, application, and challenges concerning production. *Foods*, 6(5), p.33.

Blikra, M. J., Lovdal, T., Vaka, M. R., Soiha, I. S., Lunestad, B. T., Lindseth, C. & Skipnes, D. (2019). Assessment of food quality and microbial safety of brown macroalgae (*Alaria esculenta* and *Saccharina latissima*). *J. Sci. Food Agric.*, 99: 1198-1206.

Bolton, J. J. and Lüning, K. (1982) Optimal growth and maximal survival temperatures of Atlantic *Laminaria* species (Phaeophyta) in culture, *Marine Biology*, 6(1) pp. 89-94.

Broch, O. J., Ellingsen, I. H., Forbord, S., Wang, X., Volent, Z., Alver, M. O., et al. (2013). Modelling the cultivation and bioremediation potential of the kelp *Saccharina Latissima* in close proximity to an exposed salmon farm in Norway. *Aquacult. Environ. Interact.* 4, 187–206. doi: 10.3354/aei00080

Broch, O.J., Alver, M.O., Bekkby, T., Gundersen, H., Forbord, S., Handå, A., Skjermo, J. and Hancke, K., 2019. The kelp cultivation potential in coastal and offshore regions of Norway. *Frontiers in Marine Science*, 5, p.529.

Brown ES, Allsopp PJ, Magee PJ, Gill CI, Nitecki S, Strain CR, McSorley EM. (2014). Seaweed and human health. *72*(3):205-16.

Buck, B. H. and Buchholz, C. M. (2005) Response of offshore cultivated *Laminaria saccharina* to hydrodynamic forcing in the North Sea. *Aquaculture*, 250, pp. 674–691

Buck, B. H. and Grote, B. (2018) Seaweed in high-energy environments. Protocol to move *Saccharina* cultivation offshore. In Charrier, B., Wichard, T. and Reddy, C.R.K. (Eds) *Protocols for Macroalgae Research*. CRC Press, pp. 485.

Buck, B.H., Troell, M.F., Krause, G., Angel, D.L., Grote, B. and Chopin, T., (2018). State of the art and challenges for offshore integrated multi-trophic aquaculture (IMTA). *Frontiers in Marine Science*, 5, p.165.

Cai, J. (2021). Global status of seaweed production, trade and utilization. Food and Agriculture Organization of the United Nations. California, Cont. Shelf Res. (1997) 1913-1928. Online. Available at: <https://www.competecaribbean.org/wp-content/uploads/2021/05/Global-status-of-seaweed-production-trade-and-utilization-Junning-Cai-FAO.pdf>

Callaway, E. (2015). Lab staple agar hit by seaweed shortage. *Nature*, 528: 171-172.

Campbell, I., Macleod, A., Sahlmann, C., Neves, L., Funderud, J., Øverland, M., Hughes, A.D. and Stanley, M., (2019). The environmental risks associated with the

development of seaweed farming in Europe-prioritizing key knowledge gaps. *Frontiers in Marine Science*, 6, p.107.

Capuzzo, E. McKie, T. (2016). Seaweed in the UK and abroad status, products, limitations, gaps and Cefas role. Online. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/546679/FC0021__Cefas_Seaweed_industry_report_2016_Capuzzo_and_McKie.pdf

Cardia, F. and Lovatelli, A. (2015) Aquaculture operations in floating HDPE cages. FAO Fisheries and Aquaculture Technical paper, pp. 15–77. Available online at: www.fao.org/3/a-i4508e.pdf

Carter, S., Herold, M., Avitabile, V., de Bruin, S., De Sy, V., Kooistra, L. and Rufino, M.C., 2017. Agriculture-driven deforestation in the tropics from 1990–2015: emissions, trends and uncertainties. *Environmental Research Letters*, 13(1), p.014002.

Černá, M., (2011). Seaweed proteins and amino acids as nutraceuticals. *Advances in food and nutrition research*, 64, pp.297-312.

Cicin-Sain, B., (2015). Conserve and sustainably use the oceans, seas and marine resources for sustainable development. *UN Chronicle*, 51(4), pp.32-33.

Cogato, A., Meggio, F., De Antoni Migliorati, M. and Marinello, F., 2019. Extreme weather events in agriculture: A systematic review. *Sustainability*, 11(9), p.2547.

DEFRA. (2019). Guidance. Poultry: welfare recommendations. Online. Available at: <https://www.gov.uk/government/publications/poultry-on-farm-welfare/poultry-welfare-recommendations>

DEFRA. (2020). Farming Statistics – final crop areas, yields, livestock populations and agricultural workforce at 1 June 2020 United Kingdom. Online. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/946161/structure-jun2020final-uk-22dec20.pdf

DEFRA. (2022). UK Climate Change Risk Assessment 2022. Online. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1047003/climate-change-risk-assessment-2022.pdf

Duarte, C. M., Wu, J., Xiao, X., Bruhn, A., and Krause-Jensen, D. (2017). Can seaweed farming play a role in climate change mitigation and adaptation? *Front. Mar. Sci.* 4:100. doi: 10.3389/fmars.2017.00100

Duarte, C.M., Ferreira, J.C. and Fortes, J. (2020) 'Risk Modelling in Urban Coastal Areas to Support Adaptation to Climate Change and Extreme Weather Events: Early Warning, Emergency Planning and Risk Management Systems', *Journal of Coastal Research*, 95(sp1), pp.785-789. doi: 10.2112/SI95-153.1.

Eastman, J. R. (2006). *Idrisi Andes Guide to GIS and Image processing*. Manual version 15.00. Clark Labs. Worcester, MA

Eddy, T.D., Bernhardt, J.R., Blanchard, J.L., Cheung, W.W., Colléter, M., Du Pontavice, H., Fulton, E.A., Gascuel, D., Kearney, K.A., Petrik, C.M. and Roy, T., (2021). Energy flow through marine ecosystems: confronting transfer efficiency. *Trends in Ecology & Evolution*, 36(1), pp.76-86.

EMODnet. (2016). North Sea Bathymetry. Online. Available at: <https://portal.emodnet-bathymetry.eu>

EMODnet. (2018). North Sea munition dump data source. Online. Available at: https://services6.arcgis.com/lrCHt1arNMmYtNtb/arcgis/rest/services/North_Sea_AOL/FeatureServer/4

EMODnet. (2020). Map of the week - Fishing vessel density. Data source (<https://www.emodnet-humanactivities.eu/view-data.php>). Online. Available at: <https://emodnet.ec.europa.eu/en/map-week---fishing-vessel-density>

Eskandari, M., Homaei, M. & Falamaki, A., (2016). Landfill site selection for municipal solid wastes in mountainous areas with landslide susceptibility. *Environ Sci Pollut Res*, Volume 23, p. 12423 12434.

Esri. (2017). UK offshore wind energy site data source. Polygon layer. Katie Education. Online. Available at: https://services.arcgis.com/XSeYKQzfXnEgju9o/arcgis/rest/services/UK_Offshore_Wind_Energy/FeatureServer/1

European Commission. (2021). *Conflicting interests study Cables & Pipelines and Commercial Fisheries*. European Maritime Spatial Planning Platform. Online. Available at: https://maritime-spatial-planning.ec.europa.eu/sites/default/files/sector/pdf/cables_fisheriesinfo.pdf

European Subsea Cables Association. (2020). *Submarine Power Cables*. Online. Available at: <https://www.escae.org/articles/submarine-power-cables/>

Eveleigh, E., Coneyworth, L., Zhou, M., Burdett, H., Malla, J. and Welham, S., (2022). Vegans and vegetarians living in Nottingham (UK) continue to be at risk of iodine deficiency. *British Journal of Nutrition*, pp.1-46.

Fallon, N. and Dillon, S.A., (2020). Low intakes of iodine and selenium amongst vegan and vegetarian women highlight a potential nutritional vulnerability. *Frontiers in nutrition*, 7, p.72.

FAO. (2012). *The State of Food Insecurity in the World: Economic Growth is Necessary but not Sufficient to Accelerate Reduction of Hunger and Malnutrition*. Food and Agricultural Organization of the United Nations (FAO), the International Fund for Agricultural Development (IFAD), and the World Food Programme (WFP), FAO, Rome, Italy, 62 pp.

FAO. (2018). Food Balances. Food and Agriculture Organization of the United Nations. Online. Available at: <https://www.fao.org/faostat/en/#data/FBS>

FAO. (2021). Economic dimensions of agriculture. Online. Available at: <https://www.fao.org/3/cb4477en/online/cb4477en.html#chapter-1>

Fasahati, P., Woo, H.C. and Liu, J.J., 2015. Industrial-scale bioethanol production from brown algae: Effects of pretreatment processes on plant economics. *Applied Energy*, 139, pp.175-187.

Forbord, S., Steinhovden, K.B., Solvang, T., Handå, A. and Skjermo, J., (2020). Effect of seeding methods and hatchery periods on sea cultivation of *Saccharina latissima* (Phaeophyceae): a Norwegian case study. *Journal of Applied Phycology*, 32(4), pp.2201-2212.

Fossberg, J., Forbord, S., Broch, O. J., Malzahn, A. M., Jansen, H., Handå, A., et al. (2018). The potential for upscaling kelp (*Saccharina latissima*) cultivation in salmon-driven integrated multi-trophic aquaculture (IMTA). *Front. Mar. Sci.* 5:418. doi: 10.3389/fmars.2018.00418

Global Offshore Wind Farm Database. (2019). Offshore wind farm development zone data source. Online. Available at: <https://map.4coffshore.com/offshorewind/>

Groufh-Jacobsen, S., Hess, S.Y., Aakre, I., Folven Gjengedal, E.L., Blandhoel Pettersen, K. and Henjum, S., 2020. Vegans, vegetarians and pescatarians are at risk of iodine deficiency in Norway. *Nutrients*, 12(11), p.3555.

Guo, H.; Yao, J.; Sun, Z.; Duan, D. (2015). Effect of temperature, irradiance on the growth of the green alga *Caulerpa lentillifera* (Bryopsidophyceae, Chlorophyta). *J. Appl. Phycol.* 27, 879-885.

Handå A, Forbord S, Wang X, Broch OJ, Dahle SW, Storseth TR, Reitan KI, Olsen Y, Skjermo J. (2013). Seasonal-and depth-dependent growth of cultivated kelp (*Saccharina latissima*) in close proximity to salmon (*Salmo salar*) aquaculture in Norway. *Aquaculture* 414:191-201

Harmsen, P., 2014. Kelp2Plastics: converting sugar kelp into biobased plastics. Online. Available at: <https://library.wur.nl/WebQuery/wurpubs/fulltext/473095>

Harrysson, H., Hayes, M., Eimer, F., Carlsson, N.G., Toth, G.B. and Undeland, I., 2018. Production of protein extracts from Swedish red, green, and brown seaweeds, *Porphyra umbilicalis* Kützinger, *Ulva lactuca* Linnaeus, and *Saccharina latissima* (Linnaeus) J.V. Lamouroux using three different methods. *Journal of Applied Phycology*, 30(6), pp.3565-3580.

Hiddink, J.G., MacKenzie, B.R., Rijnsdorp, A., Dulvy, N.K., Nielsen, E.E., Bekkevold, D., Heino, M., Lorange, P. and Ojaveer, H., 2008. Importance of fish biodiversity for the management of fisheries and ecosystems. *Fisheries Research*, 90(1-3), pp.6-8.

Historic England. (2015). Protected Wreck Sites. Online. Available at: <https://historicengland.org.uk/listing/what-is-designation/protected-wreck-sites/wreck-site-faqs/>

Holdt, S.L. and Kraan, S., 2011. Bioactive compounds in seaweed: functional food applications and legislation. *Journal of applied phycology*, 23(3), pp.543-597.

Howard, H. (2021). The beef with vegans: Managing stigma in Britain's hegemonic meat culture. Online. Available at: https://www.researchgate.net/profile/Hannah_Howard17/publication/353260968_The_beef_with_vegans_Managing_stigma_in_Britain's_hegemonic_meat_culture/links/60f005e4fb568a7098aea90f/The-beef-with-vegans-Managing-stigma-in-Britains-hegemonic-meat-culture.pdf

Infrapedia. (2018). Cable and pipeline data set. Online. Available at: <https://www.infrapedia.com>. ArcGIS polyline layer, Keith VanGraafeiland. (2018) Online..Available.at:https://services.arcgis.com/bDAhvQYMG4WL8O5o/arcgis/rest/services/Global_Submarine_Cable_Map/FeatureServer/1 and Arya Seldenrath. (2018)..Online..Available.at:https://services6.arcgis.com/lrCHt1arNMmYtNtb/arcgis/rest/services/North_Sea_AOL/FeatureServer/10

IPCC, (2021): Summary for Policymakers. In: *Climate Change 2021: The Physical Science Basis. Contribution of Working Group I to the Sixth Assessment Report of the Intergovernmental Panel on Climate Change* [Masson-Delmotte, V., P. Zhai, A. Pirani, S. L. Connors, C. Péan, S. Berger, N. Caud, Y. Chen, L. Goldfarb, M. I. Gomis, M. Huang, K. Leitzell, E. Lonnoy, J.B.R. Matthews, T. K. Maycock, T. Waterfield, O. Yelekçi, R. Yu and B. Zhou (eds.)]. Cambridge University Press. In Press.

Jahangiri, M., Ghaderi, R., Haghani, A. & Nematollahi, O., (2016). Finding the best locations for establishment of solar-wind power stations in Middle-East using GIS: review. *Renewable and Sustainable Energy Reviews*, Volume 66, p. 38-52.

Jansen, H.M., Van Den Burg, S., Bolman, B., Jak, R.G., Kamermans, P., Poelman, M. and Stuiver, M., (2016). The feasibility of offshore aquaculture and its potential for multi-use in the North Sea. *Aquaculture international*, 24(3), pp.735-756.

Jennings, S. and Lee, J., 2012. Defining fishing grounds with vessel monitoring system data. *ICES Journal of Marine Science*, 69(1), pp.51-63.

JNCC. (2022). UK Marine Protected areas. Online. Available at: <https://jncc.gov.uk/mpa-mapper/>

Kapoor, A., Baig, M., Tunio, S.A., Memon, A.S. and Karmani, H., 2017. Neuropsychiatric and neurological problems among vitamin B12 deficient young vegetarians. *Neurosciences Journal*, 22(3), pp.228-232.

Kenny, A.J., Jenkins, C., Wood, D., Bolam, S.G., Mitchell, P., Scougal, C. and Judd, A., (2018). Assessing cumulative human activities, pressures, and impacts on North

Sea benthic habitats using a biological traits approach. *ICES Journal of Marine Science*, 75(3), pp.1080-1092.

Kerrison, P. D., Stanley, M. S., Edwards, M. D., Black, K. D., and Hughes, A. D. (2015). The cultivation of European kelp for bioenergy: site and species selection. *Biomass Bioenergy* 80, 229–242. doi: 10.1016/j.biombioe.2015.04.035

Kieckens, E. (2021). European seaweed farms are the future. Online. Available at: <https://innovationorigins.com/en/european-seaweed-farms-are-the-future/>

Kiely, M.E., (2021). Risks and benefits of vegan and vegetarian diets in children. *Proceedings of the Nutrition Society*, 80(2), pp.159-164.

Kim, J. K., Yarish, C., Hwang, E.K., Park, M. & Kim, Y. (2017). Seaweed aquaculture: cultivation technologies, challenges and its ecosystem services. *Algae*, 32:1-13.

Klyve, S.B., 2020. *Protein extraction from the brown seaweed Saccharina latissima and Alaria esculenta-The effect of ultrasonication and enzymatic treatment* (Master's thesis, NTNU).

Krause-Jensen, D., and Duarte, C. M. (2016). Substantial role of macroalgae in marine carbon sequestration. *Nat. Geosci.* 9, 737–742. doi: 10.1038/ngeo2790

Lacroix, D. and Pioch, S., (2011). The multi-use in wind farm projects: more conflicts or a win-win opportunity?. *Aquatic Living Resources*, 24(2), pp.129-135.

Lee, A. (2020). EU initiative to test growing seaweed at existing offshore wind farm. *Institute for Energy Economics and Financial Analysis*. Online. Available at: <https://ieefa.org/eu-initiative-to-test-growing-seaweed-at-existing-offshore-wind-farm/>

Leeuwarden, V. (2021). Oil and gas field data source. Online. Available at: https://services6.arcgis.com/lrCHt1arNMmYtNtb/arcgis/rest/services/oil_and_gas_fid_UK/FeatureServer

Leinonen, I., Iannetta, P.P., Rees, R.M., Russell, W., Watson, C. and Barnes, A.P., (2019). Lysine supply is a critical factor in achieving sustainable global protein economy. *Frontiers in Sustainable Food Systems*, 3, p.27.

Lindsey, R. (2022). Climate Change: Global Sea Level. National Oceanic and Atmospheric Administration. Online. Available at: <https://www.climate.gov/news-features/understanding-climate/climate-change-global-sea-level>

Longdill, P. C., Healy, T. R. & Black, K. P., (2008). An integrated GIS approach for sustainable aquaculture management area site selection. *Ocean & Coastal Management*, Volume 51, p. 612-624.

Machiwal, D. & Singh, P. K., (2015). Comparing GIS-based multi-criteria decision-making and Boolean logic modeling approaches for delineating groundwater recharge zones. *Arab J Geosci*, Volume 8, p. 10675 10691.

Malczewski, J. & Rinner, C., (2015). Multicriteria Decision Analysis in Geographic Information Science. *Advances in Geographic Information Science*. Series editors: Shivanand Balram, Burnaby, Canada; Suzana Dragicevic, Burnaby, Canada ed. New York: Springer Science+Business Media.

Malczewski, J., (2010). Multiple Criteria Decision Analysis and Geographic Information Systems. In: M. Ehrgott et al. (eds.), *Trends in Multiple Criteria Decision Analysis*, International Series in Operations Research and Management Science 142,. s.l.: Springer Science+ Business Media, LLC.

Malhi, G.S., Kaur, M. and Kaushik, P., 2021. Impact of climate change on agriculture and its mitigation strategies: A review. *Sustainability*, *13*(3), p.1318.

Marine Scotland. (2017). Seaweed Cultivation Policy Statement. Available at: <https://www.gov.scot/publications/wild-seaweed-harvesting-strategicenvironmental-assessment-environmental-report/pages/4/>

Marinho, G.S., Holdt, S.L. and Angelidaki, I., (2015a). Seasonal variations in the amino acid profile and protein nutritional value of *Saccharina latissima* cultivated in a commercial IMTA system. *Journal of Applied Phycology*, *27*(5), pp.1991-2000.

Marinho, G. S., Holdt, S. L., Birkeland, M. J., and Angelidaki, I. (2015). Commercial cultivation and bioremediation potential of sugar kelp, *Saccharina latissima*, in Danish waters. *J. Appl. Phycol.* *27*, 1963–1973. doi: 10.1007/s10811-014-0519-8

Maritime & Coastguard Agency. (2020). Protected historic wrecks data source. Online. Available at: <https://www.gov.uk/government/publications/receiver-of-wreck-protected-wrecks/wrecks-designated-as-maritime-scheduled-ancient-monuments>

Matsson, S., Mogård, S., Fieler, R., Christie, H., and Neves, L. (2015). *Pilot Study of Kelp Cultivation in Troms, Norway*. Report, Akvaplan-niva (Tromsø), Norwegian.

Mbow, C., C. Rosenzweig, L. G. Barioni, T. G. Benton, M. Herrero, M. Krishnapillai, E. Liweng a, P. Pradhan, M. G. Rivera-Ferre, T. Sapkota, F. N. Tubiello, Y. Xu. (2019). Food Security. In: *Climate Change and Land: an IPCC special report on climate change, desertification, land degradation, sustainable land management, food security, and greenhouse gas fluxes in terrestrial ecosystems*.

Mendo, T., Smout, S., Photopoulou, T. and James, M., 2019. Identifying fishing grounds from vessel tracks: model-based inference for small scale fisheries. *Royal Society open science*, *6*(10), p.191161.

MMO. (2019). Identification of areas of aquaculture potential in English waters. MMO 1184. Online. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/854128/MMO1184_AquaPotential_forPub_191210.pdf

MMO. (2019a). Guidance. Marine licensing – Definitions. Online. Available at: <https://www.gov.uk/guidance/marine-licensing-definitions>

MMO. (2020). Identification of areas of aquaculture potential in English waters: Modelling methods. MMO1184. Online. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/866021/MMO1184_Methodology_200213.pdf

Monteiro, J.P., Rey, F., Melo, T., Moreira, A.S., Arbona, J.F., Skjermo, J., Forbord, S., Funderud, J., Raposo, D., Kerrison, P.D. and Perrineau, M.M., (2020). The unique lipidomic signatures of *Saccharina latissima* can be used to pinpoint their geographic origin. *Biomolecules*, 10(1), p.107.

Murphy, B.R., (2020). Even scientists can be biased. *Fisheries*, 45(11), pp.571-573.

National Geospatial Intelligence Agency. (2018). Nautical publications. World port index dataset. Online. Available at: <https://msi.nga.mil/Publications/WPI>. ArcGIS Point layer by spk578. Online. Available at: https://services9.arcgis.com/j1CY4yzWfwptbTWN/arcgis/rest/services/WorldPortIndex_WFL1/FeatureServer/0

Nielsen, C.W., Holdt, S.L., Sloth, J.J., Marinho, G.S., Sæther, M., Funderud, J. and Rustad, T., 2020. Reducing the high iodine content of *Saccharina latissima* and improving the profile of other valuable compounds by water blanching. *Foods*, 9(5), p.569.

Nilsson, A. (2019). *Vegans: from radical hippies to inspiring celebrities? : a study on what influences vegetarian's decision when considering veganism*. Second cycle, A2E. Uppsala: SLU, Dept. of Urban and Rural Development. Online. Available at: https://stud.epsilon.slu.se/15094/1/nilsson_a_190925.pdf

North Sea Observation and Assessment of Habitats. (2014). hydrodynamic model of the southern North Sea. Online. Available at: https://coastmap.hzg.de/coastmap/maps/data/NOAH/details/DataPages_Bathymetrie.pdf

Notarnicola, B., Tassielli, G., Renzulli, P.A., Castellani, V. and Sala, S., (2017). Environmental impacts of food consumption in Europe. *Journal of cleaner production*, 140, pp.753-765.

Nunes da Silva Ramos, F.J., 2016. Identification of Suitable Areas for Offshore Macroalgae Cultivation. Online. Available at: <https://www.diva-portal.org/smash/get/diva2:1287517/FULLTEXT01.pdf>

Nylund, G., (2016). Conversation with Göran Nylund in Tjärno, Sweden [Interview] (21 April 2016) by "Thomas, J.B.E., Ramos, F.S. and Gröndahl, F., (2019). Identifying suitable sites for macroalgae cultivation on the Swedish West Coast. *Coastal Management*, 47(1), pp.88-106."

O'Sullivan, L., Murphy, B., McLoughlin, P., Duggan, P., Lawlor, P.G., Hughes, H. and Gardiner, G.E., (2010). Prebiotics from marine macroalgae for human and animal health applications. *Marine drugs*, 8(7), pp.2038-2064.

Office for National Statistics. (2021). United Kingdom population mid-year estimate. Online. Available at: <https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationestimates/timeseries/ukpop/pop>

Office for National Statistics. (2021a). Wind energy in the UK: June 2021. Online. Available at: <https://www.ons.gov.uk/economy/environmentalaccounts/articles/windenergyintheuk/june2021>

Opazo, M.C., Coronado-Arrázola, I., Vallejos, O.P., Moreno-Reyes, R., Fardella, C., Mosso, L., Kalergis, A.M., Bueno, S.M. and Riedel, C.A. (2020). The impact of the micronutrient iodine in health and diseases. *Critical Reviews in Food Science and Nutrition*, pp.1-14.

OSPAR. (2016). ArcGIS layer by zwartl. Offshore windfarms in the OSPAR region 2013 (data last updated 2016). Online. Available at: https://services1.arcgis.com/VwarAUbcaX64Jhub/arcgis/rest/services/offshore_windfarms_in_the_OSPAR_region_2013/FeatureServer/0

Pangestuti, R.; Kim, S.-K. (2017). Bioactive Peptide of Marine Origin for the Prevention and Treatment of Non-Communicable Diseases. *Mar. Drugs*, 15,67.

Patarra, R.F., Paiva, L., Neto, A.I., Lima, E. and Baptista, J., 2011. Nutritional value of selected macroalgae. *Journal of Applied Phycology*, 23(2), pp.205-208

Pechsiri, J. S., Thomas, J.-B. E., Risen, E., Ribeiro, M. S., Malmstrøm, M. E., Nylund, G. M., et al. (2016). Energy performance and greenhouse gas emissions of kelp cultivation for biogas and fertilizer recovery in Sweden. *Sci. Tot. Env.* 573, 347–355. doi: 10.1016/j.scitotenv.2016.07.220

Pereira, L. (2016). *Edible seaweeds of the world*. CRC Press, 2016.

Peteiro, C., and Freire, O. (2013). Biomass yield and morphological features of the seaweed *Saccharina latissima* cultivated at two different sites in a coastal bay in the Atlantic coast of Spain. *J. Appl. Phycol.* 25, 205–213. doi: 10.1007/s10811-012-9854-9

Qiu, R., Li, X., Han, G., Xiao, J., Ma, X. and Gong, W., 2022. Monitoring drought impacts on crop productivity of the US Midwest with solar-induced fluorescence: GOSIF outperforms GOME-2 SIF and MODIS NDVI, EVI, and NIRv. *Agricultural and Forest Meteorology*, 323, p.109038.

Reid, G. K., Chopin, T., Robinson, S. M. C., Azevedo, P., Quinton, M., and Belyea, E. (2013). Weight ratios of the kelps, *Alaria esculenta* and *Saccharina latissima*, required to sequester dissolved inorganic nutrients. and supply oxygen for Atlantic salmon, *Salmo salar*, in Integrated Multi-Trophic Aquaculture systems. *Aquaculture* 408-409, 34–46. doi: 10.1016/j.aquaculture.2013.05.004

Reijnders, L. and Soret, S., (2003). Quantification of the environmental impact of different dietary protein choices. *The American journal of clinical nutrition*, 78(3), pp.664S-668S.

Roberts, T., Williams, I., Preston, J., Clarke, N., Odum, M. and O'Gorman, S., (2021). A Virtuous Circle? Increasing Local Benefits from Ports by Adopting Circular Economy Principles. *Sustainability*, 13(13), p.7079.

Roesijadi, G., Coleman, A.M., Judd, C., Van Cleve, F.B., Thom, R.M., Buenau, K.E., Tagestad, J.D., Wigmosta, M.S. and Ward, J.A., 2011. *Macroalgae analysis a national GIS-based analysis of macroalgae production potential summary report and project plan* (No. PNNL-21087). Pacific Northwest National Lab.(PNNL), Richland, WA (United States).

Roser, M. and Ritchie, H. (2019). Our World In Data, "Food Supply". Online. Available at: <https://ourworldindata.org/food-supply#citation>

Sanderson, J. C., Dring, M. J., Davidson, K., and Kelly, M. S. (2012). Culture, yield and bioremediation potential of *Palmaria palmata* (Linnaeus) Wber and Mohr and *Saccharina latissima* (Linnaeus) C. E Lane, C. Mayes, Druehl, and G. W. Saunders adjacent to fish farm cages in NorthWest Scotland. *Aquaculture* 354-355, 128–135. doi: 10.1016/j.aquaculture.2012.03.019

Schiener, P., Black, K.D., Stanley, M.S. and Green, D.H., (2015). The seasonal variation in the chemical composition of the kelp species *Laminaria digitata*, *Laminaria hyperborea*, *Saccharina latissima* and *Alaria esculenta*. *Journal of Applied Phycology*, 27(1), pp.363-373.

Schlarb-Ridley, B., Parker, B. (2013). A UK Roadmap Algal Technology, 76. Online. Available at: <https://www.ifm.eng.cam.ac.uk/uploads/Roadmapping/UK-Roadmap-for-Algal-Technologies.pdf>

Seafish, 2021. ArcGIS layer UK_Territorial_Limit. Online. Available at: https://services6.arcgis.com/2uALHsfqgyRHCGRi/arcgis/rest/services/UK_Territorial_Limit_20210101/FeatureServer/0

Seghetta, M., Tørring, D., Bruhn, A., and Thomsen, M. (2016). Bioextraction potential of seaweed in Denmark - An instrument for circular nutrient management. *Sci. Total Environ.* 563–564, 513–529. doi: 10.1016/j.scitotenv.2016.04.010

Sharma, S., Neves, L., Funderud, J., Mydland, L. T., Øverland, M., and Horn, S. J. (2018). Seasonal and depth variations in the chemical composition of cultivated *Saccharina latissima*. *Alg. Res.* 32, 107–112. doi: 10.1016/j.algal.2018.03.012

Siddiqui, M.A., (2018). Offshore Aquaculture in India Site Considerations and Challenges in Indian Coastal Conditions. *Oceanography & Fisheries Open Access Journal*, 7(3), pp.73-75.

Skjermo, J., Forbord, S., Braaten Steinhovden, K and Handå, A. (2014). The use of algae in feed products – AQUACULTURE. SINTEF Fisheries and Aquaculture, N-7465 Trondheim (Norway). Online. Available at: https://www.sintef.no/globalassets/upload/fiskeri_og_havbruk/marin-ressursteknologi/nsttt/skjermo-algae-biomass-novel-food-workshop-2014.pdf

Slegers, P.M., Helmes, R.J.K., Draisma, M., Broekema, R., Vlottes, M. and van den Burg, S.W.K., (2021). Environmental impact and nutritional value of food products using the seaweed *Saccharina latissima*. *Journal of Cleaner Production*, 319, p.128689.

Smale, D.A., Burrows, M.T., Evans, A.J., King, N., Sayer, M.D.J., Yunnice, L.E. and Moore, P.J., (2016). Linking environmental variables with regional-scale variability in ecological structure and standing stock of carbon within UK kelp forests. *Marine Ecology Progress Series* 542: 79-95

Smil, V., (2002). Worldwide transformation of diets, burdens of meat production and opportunities for novel food proteins. *Enzyme and Microbial technology*, 30(3), pp.305-311.

Smil, V., (2014). Eating meat: Constants and changes. *Global Food Security*, 3(2), pp.67-71.

Smit, A.J., 2004. Medicinal and pharmaceutical uses of seaweed natural products: A review. *Journal of applied phycology*, 16(4), pp.245-262.

Spencer, T., Brooks, S. M., Evans, B. R., Tempest, J. A., & Möller, I. (2015). Southern North Sea storm surge event of December 5, 2013: Water levels, waves and coastal impacts. *Earth-Science Reviews*, 146, 120-145.

Stanley, M.S., Kerrison, P.K., Macleod, A.M., Rolin, C., Farley, I., Parker, A., Billing, S.L., Burrows, M. and Allen, C., (2019). Seaweed farming feasibility study for Argyll & Bute. *A report by SRSL for Argyll & Bute council*.

Stévant P, Marfaing H, Rustad T, Sandbakken I, Fleurence J, Chapman A (2017) Nutritional value of the kelps *Alaria esculenta* and *Saccharina latissima* and effects of short-term storage on biomass quality. *J Appl Phycol* 29:2417-2426

TeleGeography. (2016). Submarine Cable data source. Online. Available at: <https://github.com/telegeography/www.submarinecablemap.com>. ArcGIS polyline layer, Richie Carmichael. (2016). Online. Available at: <https://services.arcgis.com/6DIQcwIPy8knb6sg/arcgis/rest/services/SubmarineCables/FeatureServer/2>

The Crown Estate. (2019). Resource and Constraints Assessment for Offshore Wind: Methodology Report. Online. Available at: <https://www.thecrownestate.co.uk/media/3331/tce-r4-resource-and-constraints-assessment-methodology-report.pdf>

The Crown Estate. (2021). UK offshore wind farm cable agreement data source. Online..Available.at:https://services2.arcgis.com/PZkIK9Q45mfMFuZs/arcgis/rest/services/WindCable_EngWalNI_TheCrownEstate/FeatureServer

The Crown Estate. (2022). Licenced marine aggregate extraction site, data source. Online..Available.at:https://services2.arcgis.com/PZkIK9Q45mfMFuZs/arcgis/rest/services/MineralsMiningSite_EngWalNI_TheCrownEstate/FeatureServer

The Maritime and Coastguard Agency. (2020). Shipping vessel transect line data from 2015 - 2017. ArcGIS layer. Online. Available at: <https://www.arcgis.com/apps/webappviewer/index.html?id=59a2cde1b2914b36978f608eff806fbb>

Thomas, J.B.E., Ramos, F.S. and Gröndahl, F., (2019). Identifying suitable sites for macroalgae cultivation on the Swedish West Coast. *Coastal Management*, 47(1), pp.88-106.

Tiwari, B.K. and Troy, D.J., (2015). Seaweed sustainability-food and nonfood applications. In *Seaweed sustainability* (pp. 1-6). Academic press.

UK Hydrographic Office, 2018. UK EEZ Feature Layer. Online. Available at: https://services.arcgis.com/JJzESW51TqeY9uat/arcgis/rest/services/UK_EEZ_2013/FeatureServer/0

United Nations. (2019). Department of Economic and Social Affairs, Population Division. United Nations World Population Prospects 2019. Online. Available at: https://population.un.org/wpp/Publications/Files/WPP2019_Highlights.pdf

United Nations. (2020). The Sustainable Development Goals Report. United Nations. Online. Available at: <https://unstats.un.org/sdgs/report/2020/The-Sustainable-Development-Goals-Report-2020.pdf>

USDA. (2019). U.S. Department of Agriculture. *Agricultural Research Service*. Eggs, Grade A, Large, egg white. Online. Available at: <https://fdc.nal.usda.gov/fdc-app.html#/food-details/747997/nutrients>

Van den Burg, S.W., Röckmann, C., Banach, J.L. and Van Hoof, L., (2020). Governing risks of multi-use: seaweed aquaculture at offshore wind farms. *Frontiers in Marine Science*, 7, p.60.

Van den Burg, S.W.K., Stuiver, M., Veenstra, F.A., Bikker, P., Contreras, A.L., Palstra, A.P., Broeze, J., Jansen, H.M., Jak, R.G., Gerritsen, A.L. and Harmsen, P.F.H., (2013). *A Triple P review of the feasibility of sustainable offshore seaweed production in the North Sea* (No. 13-077). Wageningen UR.

van der Molen, J., Ruardij, P., Mooney, K., Kerrison, P., O'Connor, E., Gorman, E., Timmermans, K., Wright, S., Kelly, M., Hughes, A.D. and Capuzzo, E. (2018) Modelling potential production of macroalgae farms in UK and Dutch coastal waters. *Biogeosciences*, 15, pp. 1123-1147.

- Van, A.M., Héraud F., Menard C., Bouyrie J., Morois S., Calamassi-Tran G. (2009) Impact of food consumption habits on the pesticide dietary intake: Comparison between a French vegetarian and the general population. *Food Addit. Contam.* 26:1372-1388.
- Visch, W., Kononets, M., Hall, P.O., Nylund, G.M. and Pavia, H., (2020). Environmental impact of kelp (*Saccharina latissima*) aquaculture. *Marine Pollution Bulletin*, 155, p.110962.
- Wang, Z., Li, H., Dong, M., Zhu, P. and Cai, Y., (2019). The anticancer effects and mechanisms of fucoxanthin combined with other drugs. *Journal of Cancer Research and Clinical Oncology*, 145(2), pp.293-301.
- WHO, J., (2007). Protein and amino acid requirements in human nutrition. *World Health Organization technical report series*, (935), p.1.
- Wiencke, C., and Bischof, K. (2012). *Seaweed Biology - Novel Insights Into Ecophysiology, Ecology and Utilization. Ecological Studies 2019*. Heidelberg: Springer.
- Wilkinson, I. (2017). Chemical Weapon Munitions Dumped at Sea. Online. Available at: <https://nonproliferation.org/chemical-weapon-munitions-dumped-at-sea/>
- Wood, D., Capuzzo, E., Kirby, D., Mooney-McAuley, K. and Kerrison, P. (2017) UK macroalgae aquaculture: what are the key environmental and licensing considerations? *Marine Policy*, 83, pp. 29-39.
- Xiao, X., Agustí, S., Yu, Y., Huang, Y., Chen, W., Hu, J., Li, C., Li, K., Wei, F., Lu, Y. and Xu, C., (2021). Seaweed farms provide refugia from ocean acidification. *Science of the Total Environment*, 776, p.145192.
- Yarish, C., Kim, J.K., Lindell, S. and Kite-Powell, H., (2017). Developing an environmentally and economically sustainable sugar kelp aquaculture industry in southern New England: from seed to market. Online. Available at: https://opencommons.uconn.edu/cgi/viewcontent.cgi?referer=&httpsredir=1&article=1044&context=eeb_articles
- Yesson, C., Bush, L.E., Davies, A.J., Maggs, C.A. and Brodie, J., (2015). The distribution and environmental requirements of large brown seaweeds in the British Isles. *Journal of the Marine Biological Association of the United Kingdom*, 95(4), pp.669-680.
- Zheng, Y., Jin, R., Zhang, X., Wang, Q. and Wu, J., (2019). The considerable environmental benefits of seaweed aquaculture in China. *Stochastic Environmental Research and Risk Assessment*, 33(4), pp.1203-1221.
- Zhu, L., Huguenard, K., Zou, Q.P., Fredriksson, D.W. and Xie, D., (2020). Aquaculture farms as nature-based coastal protection: Random wave attenuation by suspended and submerged canopies. *Coastal Engineering*, 160, p. 103737.

Zhu, L., Lei, J., Huguenard, K. and Fredriksson, D.W., (2021). Wave attenuation by suspended canopies with cultivated kelp (*Saccharina latissima*). *Coastal Engineering*, 168, p.103947.

Zimmermann, M.B., (2011). The role of iodine in human growth and development. In *Seminars in cell & developmental biology* (Vol. 22, No. 6, pp. 645-652). Academic Press.

Appendices are provided separately as supplementary files (please see additional downloads for this paper).