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# Gender differences in attitudes towards trauma/abuse disclosure

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## **Appendices**

### Appendix A. Vignettes

Sexual Abuse Vignette 1:

Recently, you haven't heard from your friend <u>John/Sarah</u>, so you visit <u>him/her</u> to ask if everything is okay. With your gentle encouragement, <u>he/she</u> reveals that two weeks ago <u>he/she</u> was attacked on the way home, late at night. <u>John/Sarah</u> had heard footsteps behind <u>him/her</u>, but before <u>he/she</u> could turn around, a hand clasped over <u>his/her</u> mouth and <u>he/she</u> felt the perpetrator's breath on <u>his/her</u> neck. The perpetrator threatened <u>John/Sarah</u>, then dragged <u>him/her</u> to the ground and began sexually assaulting <u>him/her</u>. The most vivid memory <u>John/Sarah</u> has of the attack is the feeling of rough gravel digging into <u>his/her</u> face while <u>his/her</u> head was held forcibly against the pavement.

Since the attack, <u>John/Sarah</u> has been unable to go to university or leave the house. <u>He/she</u> also has trouble sleeping and has avoided friends and family due to deep shame and guilt.

Sexual Abuse Vignette 2:

Your friend, Michael/Lucy, is visibly distressed and asks for your advice on something that happened a couple of weeks ago at a party. Michael/Lucy explains that he/she had been playing drinking games with his/her friends, so he/she was heavily intoxicated and struggling to stand up. He/She remembers making a flirtatious joke to a friend before passing out. When Michael/Lucy awoke, he/she was naked and his/her friend was on top of him/her performing sexual acts. He/She was

too drunk to have the strength to push them off, but managed to say, 'No', multiple times before passing out again. He/She doesn't remember how he/she got home.

Since the party, <u>he/she</u> can't stop trying to piece together what happened and keeps wondering if <u>he/she</u> had led the stranger on or had consented to the act.

<u>He/She</u> has constant vivid nightmares of the attack and feels deeply ashamed.

#### Physical Abuse Vignette 1:

While speaking with your friend <u>James/Anna</u>, you notice <u>he/she</u> has a large bruise on <u>his/her</u> neck. You ask <u>him/her</u> what happened, but you don't believe the reason <u>he/she</u> gives you. Later, <u>James/Anna</u> confesses that recently <u>he/she</u> had gotten into <u>his/her</u> first fight with <u>his/her</u> significant other and it had turned physical. They had been arguing over something trivial when <u>his/her</u> significant other suddenly put their hands around <u>his/her</u> neck. <u>James/Anna</u> remembers feeling shocked and terrified; this behaviour was unexpected, and <u>he/she</u> was worried <u>he/she</u> might pass out.

After the argument, the relationship soon returned to being loving and uneventful, but <u>James/Anna</u> can't stop thinking about what happened and the look in <u>his/her</u> significant other's eyes. <u>He/she</u> is confused about how to feel towards <u>his/her</u> partner, and is scared that it may happen again.

#### Physical Abuse Vignette 2:

You have noticed that your friend, <u>Isaac/Sophie</u> hasn't been to lectures this week, so you visit <u>him/her</u> on your way home. Reluctantly, <u>Isaac/Sophie</u> tells you <u>he/she</u> was recently involved in an incident on <u>his/her</u> way home from an evening

out. <u>He/she</u> had met <u>his/her</u> friends for a meal and a couple of drinks before walking the short distance home alone. On the way, someone staggered out of a pub and shouted at <u>Isaac/Sophie</u>, who tried to ignore them and began to walk faster. The stranger chased <u>Isaac/Sophie</u> and pinned <u>him/her</u> against a wall, threatening to hurt <u>him/her</u> if <u>he/she</u> didn't give them money. <u>He/she</u> didn't have any money for the stranger, so he/she was headbutted and then kneed in the stomach.

Since the incident, <u>Isaac/Sophie</u> has felt low and refuses to leave the house in case he/she is attacked again.

#### **Emotional Abuse Vignette 1**

In the past week or so, your friend, <u>Daniel/Olivia</u> has been quieter in workshops than usual and keeps making excuses for social events. After your workshop today, you walk home with <u>Daniel/Olivia</u> and ask what's wrong. Eventually, <u>he/she</u> tells you that <u>he/she</u> is being emotionally abused by <u>his/her</u> flatmate. The flatmate constantly insults <u>him/her</u> in front of their other flatmates, and they even hacked into <u>Daniel's/Olivia's</u> social media to share private photos. Anytime <u>he/she</u> tries to tell <u>his/her</u> flatmate that their behaviour is upsetting <u>him/her</u>, they reply that it's, "Only a bit of banter", and that <u>Daniel/Olivia</u> is ruining everyone's mood with <u>his/her</u> complaints.

Your friend tells you that <u>he/she</u> dreads going home and that when <u>he/she</u> gets there, <u>he/she</u> locks <u>himself/herself</u> in <u>his/her</u> room. <u>He/she</u> feels so miserable that <u>he/she</u> is considering dropping out of university.

#### **Emotional Abuse Vignette 2**

You are studying with your friend, Joel/Lily when you start discussing how

your workshops are going. <u>Joel/Lily</u> reveals that since <u>he/she</u> disagreed with a group member a couple of weeks ago, their project hasn't been going well. Although <u>Joel/Lily</u> had been polite in their disagreement, the group member took offence and criticised <u>his/her</u> idea in front of everyone. Since then, the group member either ignores or makes fun of <u>him/her</u> to humiliate <u>him/her</u>, and <u>Joel/Lily</u> has discovered that they've made a new group chat without <u>him/her</u> in it. Furthermore, <u>he/she</u> now gets allocated no tasks, and as the group members barely talk to <u>him/her</u>, <u>he/she</u> no longer knows what's happening with the project.

<u>Joel/Lily</u> feels helpless and has missed recent workshops to avoid the hostile atmosphere. <u>His/Her</u> self-esteem has now gotten so low that <u>he/she</u> feels unable to report the emotional abuse.

# Appendix B. Quantitative Survey

Gender Differences in Attitudes Towards Trauma/Abuse Disclosure
What is your gender?
() Male
() Female
( ) Own option, please write below:
What is your date of birth?
What is your ethnicity?
() White
() Black, African, Caribbean or Black British
() Asian
( ) Other
On the next page, you will see your first scenario. Once you have read it, please
answer the questions that follow. Try not to think about your answers for too long.
Please continue to the next page.

Recently, you haven't heard from your friend John, so you visit him to ask if everything is okay. With your gentle encouragement, he reveals that two weeks ago he was attacked on the way home, late at night. John had heard footsteps behind him, but before he could turn around, a hand clasped over his mouth and he felt the perpetrator's breath on his neck. The perpetrator threatened John, then dragged him to the ground and began sexually assaulting him. The most vivid memory John has of the attack is the feeling of rough gravel digging into his face while his head was held forcibly against the pavement. Since the attack, John has been unable to go to university or leave the house. He also has trouble sleeping and has avoided friends and family due to deep shame and guilt.

Please rate the believability of this scenario on a scale of 1-5, with 1 being that it definitely did not happen as described, and 5 being that it definitely happened as described

- () 1- Definitely did not happen
- () 2- Probably did not happen
- () 3- Unsure
- () 4- Probably happened
- () 5- Definitely happened

Please indicate the extent to which you agree or disagree with the following statements:

	Strongly Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
'I would think that my friend was partly to blame for the way things happened'	()	()	()	()	()
'I would be glad that my friend disclosed this to me'	()	()	()	()	()
'I would recommend that my friend seeks professional help'	()	()	()	()	()

'I would tell my					
friend to get over it, to move on'	()	()	()	()	()
'I would feel sympathy for my friend'	()	()	()	()	()
'This disclosure would not make me see my friend any differently'	()	()	()	()	()
'This disclosure would make me feel uncomfortable'	()	()	()	()	()

.....

What gender did you imagine the attacker to be?
() Male
() Female
() Other
() Did not have a specific gender in mind
You will now see the next scenario.
-THE REMAINING FIVE SCENARIOS ARE PRESENTED TO PARTICIPANTS IN A RANDOMISED ORDER-
Have you experienced sexual, physical or emotional trauma yourself?
() Yes
( ) No
() Skip this question

Finally, has somebody close to you experienced sexual, physical or emotional
abuse?
() Yes
( ) No
( ) Don't know
() Would rather not say
If somebody close to you has experienced trauma, did they disclose this to you personally?
() Yes
() No, I heard about it through somebody else
() I'm unsure who I heard it from

-END OF SURVEY. DEBRIEF PRESENTED-

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Appendix C. Interview Transcript

Interview 1

Participant 1, Male

Date: 25/03/2021

Start: 11:29

End: 11:53

WELCOME, THANKS FOR COMING, INSTRUCTIONS, RIGHT TO WITHDRAW

ETC.

SEXUAL ABUSE SCENARIO 1, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

Interviewer- And stay on the page, if you, if you would.

Participant- Yep.

I- Um, okay, so if you can scroll up to the top again.

P- Yep.

I- Thank you. And so, for the believability, um, were there any factors in that scenario

that influenced your answer at all?

[Participant answered: "5- Definitely happened"]

P- Um...Kinda the, like, the little details like the gravel on the- the knees, and the

breath and everything like that.

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- I- Okay, so the, the detail was a big part of it for you?
- **P-** It's kinda like, weird things that you wouldn't think that you would remember, but, yeah...
- **I-** Okay, thank you. Um, and is there anything that would have made the scenario more believable for you, or less believable?
- P- Um...I don't think so?
- I- Okay. Um, and then if you scroll down to the next one. Um, so, uh, is there anything that you think that your friend could have done differently in that scenario?
- **P-** No, not really. There's not really much you can do.
- **I-** Okie dokie. Um, and, uh, so you said that uh, you'd be glad that your friend would have disclosed that to you, um, could you just explain, uh, why, why, why you would be glad about that?
- **P-** Um, just 'cause then it means that they're talking to some- at least one person about something that's happened. You know, they're not, like, just, continuing to just sit in their room and hide. They're you know, engaging and tryna [/trying to/] get out of it.
- **I-** Okay. Um, and so, uh, you've put that, uh, you would recommend that your friend would seek help, um...So, uh, and that you wouldn't tell your friend to get over it basically, so that's kind of what you were just saying, isn't it, that it's good to get it off their chest and-
- P- [inaudible segment]. Yeah, it's not something you can just get over.

- I- No, definitely not, no. Um, okay, um, and you said that the disclosure wouldn't make you feel uncomfortable, so-
- **P-** It might be like, a bit awkward, but I don't think it, it wouldn't be uncomfortable, per se.
- I- Yeah, it's obviously not a nice thing to hear, but it-
- P- Yep.
- **I-** -wouldn't make you uncomfortable.
- P- No.
- **I-** Okay. Do you think that you'd feel more or less comfortable if your friend was the opposite gender to what you had?
- P- I don't think so.
- I- No? Um, and, uh, so if you could scroll down a little bit. Um, what do you think influenced your thoughts on, uh, what gender the attacker would be?

#### [Participant answered: "Male"]

- **P-** I'm not sure. I mean, maybe it's 'cause of everything that's been in the news lately?
- I- Yeah.
- **P-** Kinda just- and I guess my own experiences, so, yeah, I think it's just...not sure.
- **I-** Okay, that's fine. Um, if you pop onto the next scenario now and do the same.

SEXUAL ABUSE SCENARIO 2, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

I- Okay, thank you for that, P. And if you scroll up to the top again, um, so, uh, same question again, for the believability, was there anything that influenced your rating?

[Participant again answered: "5- Definitely happened"]

- P- Um...I think, like, the- the kinda the fact that she has nightmares and stuff.
- I- So kind of like, the, um, the symptoms almost, the-
- P- Yeah.
- I- Yeah.
- **P-** I mean, the, it just- it felt more like it just like, wasn't unbelievable?
- **I-** Yeah, because she's- is it because it's kind of because of the symptoms and because she's struggling with it?
- P- Yeah.
- **I-** Okay, um, and is there anything that you would've- that would've made it more or less believable to you?
- P- Um, I don't- I don't think so, no.
- I- Okay. Um, and then if you go down to the next bit. Um, and again, uh, do you think that there's anything that your friend could have done differently in that situation?
- P- No.

- **I-** Okay, um, and you'd be glad again that your friend would disclose that to you- is that the same reason as last time?
- **P-** Yeah pretty much, 'cause then you can figure it out together and you know that they've got someone helping.
- **I-** Okay, great. And...Alright, brilliant, so your answers are, you know, pretty much the same as last time. Okay, great. And then if you scroll down to the bottom...and, uh, so you didn't have a specific gender in mind for this one. Um, why do you think that is, maybe?
- **P-** Um...not- not sure. Um...I guess the only difference I really noticed was it's...it's kind of like...it's still violent obviously 'cause of the, the thing that it is, but it's like...m-like, the-the other one felt more like there was an attack and then they were assaulted, but this one's more like they- they were, like, just taken advantage of and then assaulted...I dunno.
- **I-** Okay, yeah, that makes sense. Alright, and uh, I think that's it, so onto the next one.

PHYSICAL ABUSE SCENARIO 1, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

I- Alright, and if you go to the top again. And, is there anything that influenced your believability rating?

[Participant again answered: "5- Definitely happened"]

**P-** Um, I think the- the bruises, and they're trying to cover it up the first time.

I- Okay, so, was it the- what was it about the bruises that- that influenced it for you?

**P-** Um, just 'cause it's like, kind of obvious, like they've- they've got the bruises so something must have happened, and [inaudible segment].

I- So, kind of like proof, in a way?

**P-** Yeah, not that you need it.

I- No, of course not. Okay, brilliant. Um...Alright, and your answers are the same, um, so this situation, obviously this is a bit different from the ones that we've read so far, um, so...but your answers are still the same, you still think it would be helpful for them to talk about it?

**P-** Yeah. (Long pause) I mean, get out of the relationship as well. [Cross talk]. I'd also get professional help to just talk through what happened 'cause it's never nice when someone you think you can trust does that.

**I-** Mm. Okay. And if you go to the bottom, and you didn't have a specific gender in mind for this one.

- P- Mhm.
- I- Are there any-
- P- Um-
- I- ...any thoughts behind that?
- P- I don't think so, I just well, wasn't really thinking. It wasn't like in- in my head while I was reading it, I guess.

I- Okay, great. So, onto the next one.

PHYSICAL ABUSE SCENARIO 2, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

**I-** Alright, thank you, P. Um, so, believability again. Was there anything that influenced that?

#### [Participant again answered: "5- Definitely happened"]

- **P-** Um...I guess like, the- the not going to lectures and stuff...The symptoms again.
- **I-** Okie dokie. (Long pause). And again, no- no real difference in your answers there. Okay, so...So you wouldn't feel any more or less comfortable than you would with the other disclosures- they're all kind of the same for you in- on- in that sense?
- **P-** Yeah. I mean, all of it's rubbish to hear about, but like, yeah.
- **I-** Okay. And onto the last bit. And you imagined that the attacker was male this timewhat was it that influenced that for you?
- **P-** I think it was the stumbling out of the pub drunk part...Just, I dunno, I just had that image of a guy, I guess.
- **I-** Like a male stereotype?
- **P-** Yeah, a little bit. I mean, I live in [place name] so it happens [inaudible segment] but...
- I- Okie dokie, alright, onto the next one then. I think we've only got one more after this one.

P- Cool.

EMOTIONAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

I- Okay, thank you. So, believability. Anything that influenced it?

[Participant again answered: "5- Definitely happened"]

**P-** Um...I guess the, like, making excuses for social events and stuff like that, and...yeah, I- I think that's it.

- I- So, again, the kind of, uh, symptoms-
- P- Yeah.
- I- ...um, are what really sways it for you.
- P- Yeah.
- I- Okay.
- P- Same again.
- **I-** Alrighty. So, yeah, so the disclosures, like- like we said in the last one, you know, obviously it's not a nice thing to hear, but you'd be glad that they were offloading it.
- P- Yeah, yeah.
- **I-** Alright. And the gender of the attacker- you didn't have a specific gender in mind.
- P- Nah.
- I- Any- any reason why, or?

P- Uh, I don't think so?
I- Alright, so onto the last one, I believe.
EMOTIONAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT
ANSWERS SURVEY QUESTIONS.
I- Okay. Anything in this scenario that swayed the believability?
[Participant again answered: "5- Definitely happened"]
P- Um, not really, I just- it was like, I just didn't think it was unbelievable.
I- So, it was-
P- It makes sense.
I- Yeah, something that, like, realistically would happen-
P- Yeah.
Ithere's no reason why it wouldn't.
P- Yeah.
I- Okay. And again, you'd be comfortable receiving that?
P- Oh, yeah- yeah, this one would be a lot easier to hear.
I- Yeah, it's not quite as intense as the other ones, is it?
P- No.
I- Okay-

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P- But then, like, still- still kind of asking for help and stuff because, like it says about

how his self-esteem's really low, and he's like, missing workshops and stuff, so it's-

it's having an effect on him and his life, and that can, like, so easily get worse.

I- Yeah, definitely. Okay, thank you for that. And you didn't have a specific gender in

mind for this one?

P- Nah.

I- Okie dokie.

P- [Inaudible segment].

**I-** What was that, sorry?

**P-** Uh, no- no reason I don't think, just didn't- didn't pop in my head.

I- Alright then. I think that should have been the last one. Alright, so I'm gonna end

the call now, um, so if you just answer the couple of questions that are on here, um,

once you've come off, and at the end there'll be your debrief and everything, but

email me if you have any questions at all, um if you want to withdraw your data and

all that, um, thank you so much, P.

END OF INTERVIEW.

The Plymouth Student Scientist, 2021, 14, (2), 669-691 – Supplementary file

Interview 2

Participant 2, Female

Date: 25/03/2021

Start: 12:44

End: 13:17

WELCOME, THANKS FOR COMING, INSTRUCTIONS, RIGHT TO WITHDRAW

ETC.

EMOTIONAL ABUSE SCENARIO 1, MALE SURVIVOR DISPLAYED. PPT

ANSWERS SURVEY QUESTIONS.

**I-** Alright, and if you just stay on the page, P. Um, if you scroll up to the top. Alright,

so, um, for the believability rating, was there anything in the scenario that influenced

how believable it was for you?

[Participant answered: "4- Probably happened"]

P- Um, probably the emotional abuse 'cause I know that can happen quite a lot at

uni. If- if you don't get on with your flatmates, it can happen.

**I-** Okay so it- it seemed like a realistic situation to you, yeah?

P- Yeah.

I- Okie dokie. Um, if you could scroll down to the next set of questions. Alright, so,

uh, do you think that there was anything that your friend could've done differently in

this situation?

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- **P-** Um, I'm not sure because he- obviously he told his flatmate that he's- makes him feel uncomfortable and they just said it's only a bit of banter, so he's gone the right way around it, he hasn't retaliated, he's just gone to speak to them, so no, I don't think so.
- I- Okay. Um, and you would be glad that your friend disclosed that to you.
- **P-** Yes I would, 'cause then I'd try and help and try and make things better- or for it to stop.
- **I-** And so you said that, um, you'd somewhat agree about professional help. Um, what is it that influenced your answer there, compared to, uh, you know disclosing it to you?
- **P-** Um, because, he said that he doesn't want to come back to uni and if he does, he locks himself in his room. I think that's obviously- it's mentally draining for him, so I would obviously say, or I would recommend seeking professional help, 'cause it's not fair for him to live like that.
- **I-** Okay, and uh, so, um, uh, so you say that, uh, the disclosure, um, wouldn't make you feel uncomfortable really.
- P- No...it wouldn't. I'd just try and help.
- I- And do you think that you'd feel more or less comfortable if, uh, this had been a female friend of yours?
- **P-** I think I would've felt exactly the same.

**I-** Okay. Um, and then the last question about the, uh, if you scroll down for me, um so you imagined them to be male. Is there anything that influenced your judgement on this one?

**P-** Um, I'd say more because I don't- personally, I don't really know many girls that would do that to a boy- to one of their boy mates. That's just m- obviously that's just my, what I've experienced, but I guess it could be a girl, but I think it would be a male.

**I-** Okay, great. Alright, so, if you go onto the next page and there'll be another scenario for you to read.

EMOTIONAL ABUSE SCENARIO 2, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

**I-** Alright then, the same- same procedure again, so, uh, so, the believability. Was there anything that particularly influenced that for you?

[Participant again answered: "4- Probably happened"]

**P-** Um, I think...Probably 'cause this can happen quite a lot, like people tend to leave other people out, and obviously in workshops sometimes you do disagree on some things, so that's what makes me believe it.

**I-** Okay, so it's like a...a- again, kind of like a realistic, common thing.

P- Yeah, definitely.

- **I-** Alright, so onto the next questions. So, um, could you-would you mind talking me through your first answer? On, uh, you would think that your friend might be partly to blame for it.
- **P-** Uh, well, probably just the first bit where they had a bit of a disagreement- but it says that she was polite about it, but if the other girl- or if the other person took it in like a criti- critical way, then obviously it didn't come across as polite as she thought it did, so she's somewhat to blame, but not fully for the- for the consequences of it anyway.
- I- Yeah, so, it's like the- the miscommunication, um-
- P- Yeah.
- **I-** ...was kind of like, the cause of that there.
- **P-** Yeah, definitely, but obviously she didn't have to have the consequences that happened because of it.
- I- Yeah. Alright, and uh, and you'd still be glad that your friend told you about that happening?
- **P-** Yeah, definitely, I'd try and be there for them, and uh, obviously make them feel a little bit better.
- **I-** And uh, and you wouldn't tell your friend to just get over it?
- **P-** No, especially because she said that she feels really, really low. I'd just be there for her and try and help.
- I- Okay, um, and, you wouldn't feel uncomfortable if she told you any of those things?

- P- No, definitely not.
- **I-** Alright. And uh, the final bit...So, uh, you imagined them to be female, uh, talk me through that.
- **P-** Oh, probably because girls can be quite- sometimes, well, especially in school, they can be quite nasty to each other, and especially the bit where it said they made a group chat without her in it.
- I- Mm.
- P- I feel like that would be something more of a girl would do.
- **I-** I would have to agree with you there.
- P- (Laughter). Yeah.
- **I-** ...girls can be pretty horrible.
- **P-** I don't know many boys that have ever made a group chat without someone in itit's always the girls.
- I- Yep, girls are horrible.
- P- Yeah (Laughter).
- **I-** Alright, so if click onto the next one for me, P.

PHYSICAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

**I-** Okay and same again for me. So, uh, the believability, you were unsure.

- **P-** Yeah...I think the bit at the end where it said that the relationship soon- soon turned to be loving and uneventful, I think, obviously I- domestic abuse happens a lot, but for it to go back to being loving and uneventful just really quite after and nothing happening after that was a bit like, mm...a bit- it made it a bit less believable.
- **I-** Okay, alright. Um, and onto the next set of questions, please. Uh, so you, uh, you don't think that your friend was to blame in any way for this one.
- **P-** No, I think any sort of physical violence is from the person doing it...If- you, yeah, so like, they were the one who did it, she didn't do anything.
- I- Yeah. Okay, and uh, and you'd be glad that your friend told you about this?
- **P-** Yes definitely, because then you can be there for them and obviously advise them to get help or to- what to do to help themselves.
- I- And, uh, I guess, you know, um, within that, you said that you wouldn't tell your friend to get over it.
- **P-** No, definitely not.
- I- So would you say that, um, like the seriousness of it means that you wouldn't be able to just say, you know, get over it.
- **P-** Yeah, definitely. But then the bit where I said f- I wouldn't feel as much- well I'd still feel sympathy but not a lot, but because she stayed with him after, that would- I'd still tell- I'd still keep reminding her like, it once- if it's happened once, it could happen again. But I wouldn't ever tell her to get over it, no.

- **I-** Okay, great. Um, and, uh, you said that, uh, you'd- would somewhat disagree that it would make you feel uncomfortable, so is there a slight discomfort there, maybe?
- **P-** Yeah, maybe because, say if I knew her partner, then it would make me feel uncomfortable, like, if you've got to know them and you were really good friends with them and all of a sudden you've heard that they've done this- put her- their hands around her neck, that would make me feel uncomfortable. Yeah.
- I- So kind of, like, the- the awkwardness of-
- P- Yeah, definitely.
- I- ...the social aspect of it.
- **P-** Yeah, and like knowing that, well they've done that, and then them still staying together after they [inaudible segment] that would make me feel a bit uncomfortable.
- **I-** Alright, and uh, the last question. And you as- you thought that they were probably a male.
- P- Yes.
- **I-** Is there anything that influenced that for you?
- **P-** Mm...I don't know, I think males are just...not more likely, but you hear a lot of domestic of, like abuse is from the male. I know- I know women can do it as well, but to get angry and to put their hands around their neck, I feel like it would be a male.
- **I-** Okay, great. So, onto the next one.

PHYSICAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

I- Okay, so the believability of this one. What influenced that for you?

#### [Participant answered: "4- Probably happened"]

- **P-** The fact that some- well, obviously the person that pinned him up against the wall was very drunk, I feel like is something that can happen quite often, trying to like, take people- like, steal stuff off of people especially if someone thinks that the other person is vulnerable. I think it can happen quite a bit.
- **I-** Okay, great, and onto the next bit for me. Uh, so, your friend not- not to blame at all for this one, no?
- **P-** No, he obviously just wanted to get home and then this person came and chased him and pinned him up- I think that's- he was the victim, definitely.
- **I-** And you'd be glad that your friend was talking to you about this and you'd feel sympathetic about that?
- **P-** Yes, definitely.
- **I-** Alright, and, uh, and you'd feel slightly uncomfortable about the disclosure this time.
- **P-** Yeah, I think to hear that it would happen to a male friend, then you- I think I'd feel- it makes me feel uncomfortable 'cause knowing it could happen to like, me, I could be more vulnerable than him, and like that situation's can- can be quite scary to think about.

- **I-** Okay. That's really interesting, thank you. Um, and the last question for me. So, you imagined the attacker to be a male.
- **P-** Yeah, I mean I don't know- I would've heard of it, but I don't- nowhere near as much as a male pinning up somebody else. I think, like, about your ego as well, like males obviously like, try and have, like one-up each other, I think pinning another male up, I think that would happen, to show like dominance.
- I- Okay. Alright, and onto the next one for me.

SEXUAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

I- Okay. Uh, so this one was quite believable to you as well.

#### [Participant again answered: "4- Probably happened"]

- **P-** Yes, I think there's so many things about stuff happening to women and stuff like being sexually assaulted, I think it definitely would happen.
- **I-** Was there anything that, um, made it particularly believable for you in that scenario?
- **P-** Mm...I think like her being alone and then being dragged on the floor and sexually assaulted, I think, yeah, that one- that bit.
- I- Okay. And onto the next bit for me. Uh, so, again your friend wasn't to blame for it?
- **P-** No, definitely not. She didn't- obviously didn't ask for it or anything it just happened.

- **I-** And you'd be glad that your friend told you about that.
- **P-** Yes, definitely, I'd try and do everything to like, support her, to- like, get- not get through it, 'cause obviously you can't get over something that happens like that, but just to be there for her.
- **I-** And just- just out of interest, um, what kind of support might you- might you offer to her?
- **P-** Mm...
- **I-** What do you think would help her?
- **P-** I think- I'd obviously definitely recommend professional help, but then also just to, like, chat about stuff that has nothing to do with it and take her mind off it and then say if she was walking alone, like I'd go and meet her if she felt uncomfortable and just- or be on the phone to her, just to- just something to like, ease her mind if she is alone in that situation again.
- **I-** Okay, brilliant. Um, and, uh, and you say here that it- it would make you feel slightly uncomfortable, the disclosure.
- **P-** Yeah, I think hearing that what- if- knowing that one of my friends has gone through that, I think, not- not uncomfortable on her half, I think uncomfortable on the fact that it could've happened to me, or like it's happened to someone so close to me that it's quite scary to think about...But like, it wouldn't change my like, opinion of her at all, it's just the fact that it's happened so close, like inside your friendship group, like it makes it a lot more uncomfortable, a lot scarier.
- I- Yeah, like it makes it, like, close to home.

- P- Yeah, definitely.
- **I-** Okay, and the last question for me. So, again, a male attacker.
- **P-** Yeah, I think it's more- obviously a lot more common for males to sexually assault women, and like- it's not- I haven't- you don't really hear much about a female sexually assaulting another female, but you do a lot with males.
- I- Okay, and, uh, this next scenario should be the last one.
- **P-** Okay.

SEXUAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- I- Okay, so, uh, you think this one 'probably happened', yeah?
- **P-** Yes. I think with the- all the alcohol involved and like, being taken advantage of, it does happen quite often so it is quite believable.
- I- Okay. Um, so if you go down to the next bit, um, so you say somewhat disagree that your friend was partly to blame.
- **P-** Mm. I mean, I know the other person took advantage, but he was- he was drunk, he was intoxicated- he made like, the flirty comment- I think that's the only bit, but then it's the way that the stranger interpreted it, so he's not really- there's only a small bit of blame, but not- not really much.
- I- Okay. Um, and, uh, so you'd still be glad that your friend disclosed this to you?

- **P-** Yes, definitely, 'cause maybe I might've been there, or I might've known people that were there so you could help try and piece it together and just to be there for him.
- **I-** Okay, um. So yeah, you're saying that the disclosure would be kind of helpful in a way to help them piece it together?
- **P-** Yeah, definitely, and to like- not overcome it, but to help him understand what happened, if I- if I could.
- **I-** Okay, and uh, and you're- a bit- not either way on recommending professional help.
- **P-** Mm. I mean if he's- if it's only like, playing on his mind about like, what happened, like I wouldn't- I wouldn't recommend it, but if it's really like- if he's getting, like, a lot of anxiety from it and feeling like, quite down about it then I definitely would. So it- it depends how he was with- like, reacting towards the situation, I'd be fifty-fifty.
- **I-** Okay. Um, and you still wouldn't recommend telling your friend to get over it.
- **P-** No, definitely not- 'cause it is still something that's happened and it's still quite serious, so no, I wouldn't.
- **I-** Okay and uh, and it wouldn't make you see them any differently?
- **P-** No, definitely not, I mean, everyone's kind of done something stupid when they've been drunk. I just-I'm not really a very judgemental person with how p- like with alcohol and stuff, 'cause everything- everyone's done something.

- **I-** Okay, and, uh, and it wouldn't make you- oh no, it would- it would make you feel slightly uncomfortable.
- **P-** Yeah, I think, the fact to know that one of my friends has been taken advantage of- I think is not very nice to think about, and obviously it could've happened to me or someone else- I dunno, I think it's the same, like it's- it brings it closer to home, being taken advantage of especially when a boy gets taken advantage of, it's- it's not a nice- obviously it's not a nice for girls to get taken advantage of, but- or- or anyone, so yeah, it would.
- I- That's- that's really interesting, what you just said there. Um, so- so, if- so you say that being a boy being taken advantage of, that- that kind of makes you...it- it makes you feel a bit different about it because it's almost a little bit scarier that that can happen to them as well.
- **P-** Yeah, I think it's because a lot of the time you hear more about girls being taken advantage of, like, all the time, it's always the girl being taken advantage of by a boy, and like, and then to all of a sudden hear about a boy being taken advantage of, it's like- obviously I know girls can do that, but then it is, like, it is quite wo- not wo- yeah, it is quite worrying and not very nice to hear, 'cause I think normally boys are portrayed to be like, the person who takes advantage of someone else, so like, for them to hear that it's happened to them- 'cause you don't hear it very often, I think that's what made me say, like it would make me feel more uncomfortable.
- I- Okay, 'cause you're almost not- not expecting it, if you like- um-
- P- Yeah, yeah definitely.
- **I-** Like you'd- you'd expect it more from like a female friend telling you.

- P- Yeah, yeah definitely, I would.
- **I-** Okay, great. Thank you for that, P. And then the last question. So, you imagined it to be a female this time.
- **P-** Yeah...I don't know why, but I think, obviously it's less- it's less common but I think a female could take advantage- I've heard of it before and I think it would be a female in this case.
- I- So is it more the fact in this scenario that it was like a taking advantage of, rather than in the last scenario it was very much an attack?
- **P-** Yeah, definitely. I think if it was an attack in this one, I think it would be more of a male, but because it's a taken advantage of after being like, drunk- 'cause you never know, the girl- if it was a girl, they could have taken that flirty comment in like, the wrong way, like- and they could've been really intoxicated as well, so like it- it could've been like, fifty-fifty, but I'd expect it more from a girl 'cause of the flirty comment...'cause you never know how they're gonna take it, if you know what I mean.
- **I-** Okay, that's great, thank you. Um, and if you go onto the next page, uh, there's a couple of questions that, um, oh- hang on.
- P- Oh, there we go.
- I- Right, okay so um, there's a couple of questions at the end, that um, if you wouldn't mind just answering them after the call's finished for me, um, and then after you've finished the questions there'll be a debrief and everything, and if you've got any questions, please email me. If you want to withdraw, just give me an email.

END OF INTERVIEW.

Interview 3

Participant 3, Female

Date: 26/03/2021

Start: 12:12

End: 12:45

WELCOME, THANKS FOR COMING, INSTRUCTIONS, RIGHT TO WITHDRAW

ETC.

EMOTIONAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT

ANSWERS SURVEY QUESTIONS.

I- Alright, and if you just stay on the page for me, P.

P- Yep.

I- Um, could you scroll up to the top? Alright, so, uh, your believability- you said that

you think this 'probably happened'. Was there anything that influenced your thoughts

on this?

P- Um, I think mainly 'cause, um, it was like, social media like, was- played a part in

it, and I feel like since social media's such a big part of like, everyone's life right now,

it's quite po-possible that it happened.

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- **I-** Okay. Alright, um, is there anything that would've made it more or less believable for you?
- **P-** Um (long pause). I think, well, personally for me, I think someone being quieter would be less believable in like, my opinion, 'cause I would expect my friends and stuff- well, for me, I would share it with my friends being like, 'This is making me uncomfortable, I'm not really sure what to do'.
- I- Okay.
- P- Yeah.
- **I-** Alright, great. If you could go down to the next section for me. Alright, so, uh, you disagree that your friend was partly to blame. Tell me about your thoughts there.
- **P-** Um, I think if- even if whatever happened was induced by said friend, if she's like, brought it up to the flatmates saying like it makes her uncomfortable or whatever and they're not doing anything about it, I feel like that just means that she's tried and she can't really be blamed for what's happened then.
- **I-** Okay, great. Um, and you said that you, uh, would neither be glad or-or-or not glad if your friend disclosed that to you.
- **P-** Uh, I think that's because, um, I mean if it was with me or with another friend or with someone else, I feel like it would make me feel the same way because at least they're like, talking to someone and I wouldn't want to like, make someone feel pressured to talk to me specifically about things if they don't feel comfortable.
- **I-** Okay. Alright, that's understandable. Um, and you'd recommend that they might uh, they should maybe seek professional help.

- **P-** Yeah, I think...from my, like, opinion, I feel like if you talk to either like a therapist or like someone at your school or someone about it, I think that nine times out of 10 they'd be able to do something effective within that day, so I feel like it'd probably be the best option.
- **I-** So, the, um, you know, talking about it would help them kind of uh, get through it in a way?
- **P-** Yeah, or like figure out what to do to get out of the situation so she's not, like, scared to go back home.
- **I-** Okay, so like, um, almost like- almost practical advice, in a way, of how to deal with the situation?
- P- Yeah, yeah that's- that's a good term for it.
- **I-** Okay, and uh, and it wouldn't make you feel- wouldn't make you see your friend in a different way?
- **P-** Uh, no. I feel like if-if they've- especially like if they've tried to do something about it and it wasn't their fault for putting information online then I don't think that my opinion should change 'cause it's not them doing anything it's them being a victim to something.
- **I-** Okay, and, uh, you put neither agree nor disagree on it making you feel uncomfortable. Talk to me about that.
- **P-** Um, I s- like, I feel like it wouldn't make me uncomfortable being friends with them and like, knowing what happened to them, but I feel like it would make me uncomfortable knowing that it happened to them, if that makes sense? Like, um,

knowing that like, the people that like- a friend that I'm supposedly close with is going through that, it would make me uncomfortable knowing that, like, maybe I've like talked to these people before, like what else are they capable of?

- **I-** Okay, great. And the last bit for me. Uh, you imagined them to be female.
- **P-** Yeah, I think, uh- just personally for me- all my flatmates are female as well, so I just kind of took it from that.
- **I-** Okay, so it was- it was more your kind of personal experience of being around female flatmates.
- P- Yeah.
- I- Okay, great. Um, so if you go onto the next one. And there'll be another one for you.

EMOTIONAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- **I-** Okay, and if you do the same for me. Uh, so, you were unsure on the believability of this one.
- **P-** Yeah, I think that um- I mean, um, like, knowing like group drama can happen, I guess makes it believable, but I think it would be more believable if there was like a reason for the- this to happen. Like they didn't really specify, like, what made it go so wrong. They could just kind of, said it really broad.
- I- Okay so, um, the group member you know, just kind of, uh, took offence at you know, it could've been anything, you know, it wasn't specific enough?

- P- Yeah.
- **I-** Okay, great. And, uh, similar answers before really, um, so, uh, you wouldn't think that your friend was really to blame for it.
- **P-** Not entirely, but I feel like since there's no reason given above, there wasn't- like I don't know if like they said something that could've potentially been triggering and they just didn't know, so.
- I- So, again, kind of like a context thing?
- P- Mm. Yeah.
- **I-** Okay. Um, and, uh, same again, you'd be glad that your friend talked to you about it.
- **P-** Yeah. I think especially 'cause they said that, like, the self-esteem got very low, so like, knowing that, um, they at least can talk to someone and they feel comfortable talking to you about it would make me feel like happy that they were able to do that.
- I- Okay, and uh, and you wouldn't tell your friend to just get over it?
- **P-** No, I feel like, especially going about something with like self-esteem issues or something, I feel like that's a not-so-good approach to it, um, because I'm sure if they could just get over it, they would've done it already- not let it bother them.
- **I-** Mhm, of course. Um, and, uh, a similar answer, um, disclosure would make me feel uncomfortable- you said somewhat disagree.
- **P-** Yeah, I think that more like context related, like you don't really know what happened, and I don't think it would make me feel uncomfortable knowing that they

told me but then also knowing that, like, if they haven't talked to anyone about it, that's a lot of pressure on you to like do something about it- especially if they're feeling so down about themselves, so that's like a lot of pressure to hold on yourself, so, yeah.

I- Okay, thank you for that. And the last bit, uh, you didn't have a specific gender in mind for this one.

**P-** No, I-I kind of like just pi- going from like, my tutorial and university and from like high school and stuff, it was kind of just like mix-match whoever is kind of- mixed-boys, girls, whoever, if they're someone else then that's who's there, so I didn't really picture anyone.

**I-** Okay, great, and if you go onto the next one for me, and same again.

P- Okay.

PHYSICAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

**I-** Alright. Uh, so, you said 'definitely happened' for this one.

**P-** Yeah, I think um especially with like everything that went on in, like, London recently [Participant was likely referring to Sarah Everard, who was recently murdered in London] and stuff, like physical violence and, like, abuse and stuff – even though it wasn't the same, I feel like it's quite probable that it happened and that, like it happens all the time to people everywhere, so.

I- Okay. And your friend wasn't to blame at all for this.

- **P-** No, I don't think anyone who's, like, s- who's a- um, a victim to violence should be blamed 'cause physical violence isn't really an excuse for anything.
- **I-** Okay, and you'd be glad that your friend talked to you about it.
- **P-** Yeah, it's uh- in the scenario it also said that she didn't say anything right away, like the right reason, um, so I feel like knowing that eventually they felt okay enough and safe enough with me to like, share that information like a second time around, then it would make me glad that I was like that support for them.
- **I-** Okay, great, thank you for that. Um, and you'd recommend that your friend would seek help for this.
- **P-** Uh yeah, because I feel like if it's physical enough to the point where they were that terrified, or even like, leaving a mark on someone, then I feel like that's when you should get someone of authority involved.
- **I-** Okay, and uh, you'd feel sympathy for your friend.
- **P-** Uh, I would feel mostly sympathetic, but, um, the thing that kind of caught me was at the end it says they went back to a loving, caring relationship, but I would kind of question why, if that happened, why noth- she didn't do anything or like, why she's just kind of like letting it pass, so I would still feel sympathetic, just not as sympathetic as I would be if she was more, like, standing up for herself in that way.
- I- Okay, thank you. Um, and, uh, you put neither agree nor disagree on the last two.
- **P-** Uh, yeah, for the same reason, just 'cause, you know, if they don't do anything about it then I- I wouldn't really know how to feel. If you know that like, someone that

you're close to is experiencing that and you can't do anything and you know that they're not gonna do anything, I don't know how I would react to that, per se.

- **I-** Okay, brilliant. And then onto the last bit- you imagined them to be male.
- **P-** Uh, yeah, that's just 'cause per- from personal preference, I- that's what I would assume, so.
- I- Okay, is- is there anything that influences that at all, do you think?
- **P-** Uh, I think just, like, for me it would just be like, sexuality, so I would assume, like if I was with someone it would be male, just 'cause of- that's what I prefer, so, that's just what I assumed right off the bat.
- **I-** Alright, great, and onto the next one for me.

PHYSICAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

**I-** Okay and what influenced the believability for you here?

## [Participant answered: "4- Probably happened"]

**P-** Um, I think that I've- I've never heard of like, anything like that happening to anyone I know, so I don't really know if it's like a believable scenario for me 'cause I've- I don't know of it existing anywhere outside of like, stories and stuff, so I'm not really sure if it's something that- I feel like if- it would be more realistic if it was more like, um, I dunno, based on, like- I don't- I don't really know how to explain it but like I feel it'd be more realistic if it was like, more specific or um, could like, mention like a

city, like outside in Plymouth or something, like, more details I guess would make it more realistic.

- **I-** Okay, onto the next bit for me. Uh, so, your friend isn't to blame here.
- **P-** Uh, no, I don't think so. I would think that, since again it's like, um- they also said they didn't have money on them, so they couldn't have done anything to prevent it and it's not like, um, they were starting the fight themselves it was kind of just bad place, bad time, so.
- **I-** Okay, and uh, you weren't overly sure on whether you'd be glad about your friend telling you.
- **P-** Uh, yeah, I think, um, I think I wouldn't really know how to react because it's not like it's someone that they've seen every day so they know how to like, 'Okay I can avoid that person', and um, they're like scared to go outside and stuff, so I wouldn't really know how to approach that to benefit them.
- **I-** So, it would be harder to-harder to figure out how to help them.
- P- Yeah, for sure.
- **I-** Okay, um, but you still wouldn't tell them to get over it and to move on.
- **P-** No, I- I think that 'cause they didn't start something it's not their fault if they are unable to get past it right away.
- **I-** Okay. And, uh, it wouldn't make you feel uncomfortable, the disclosure.
- **P-** Not the disclosure, but I think the- the aftermath of it would be because um...like coming from like a female point of view, if that happened to a m- like I feel like

typically, it's less likely to happen to a male than someone else, and I feel like it would make me more uncomfortable afterwards knowing that that happened to a male, and then knowing that if I'm walking out and I'm female then that- there's a chance it could happen to me as well.

- **I-** Okay, thank you. And then the last bit- you imagined it to be a male attacker.
- **P-** Uh, yeah, I think just 'cause I think personally I think people who are more aggressive tend- nine times out of 10- to be male, so that's kind of what I went with.
- I- Alright, great. Onto the next one for me.

SEXUAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- **I-** Okay, and this was a 'definitely happened' for you?
- **P-** Uh, yeah, I think especially with everything going on and like on the news you hear that it's more frequent now, people like doing things like this, so I feel like it's for sure happened, like- it's a believable thing to have happened.
- I- Okay, onto the next bit for me. And, uh, your friend wasn't to blame here either.
- **P-** No, I don't think if- like, if they're a victim to something and they haven't, like, subjected themselves willingly then I don't think people should be to blame.
- **I-** Okay, and you'd be glad that your friend talked to you about this?
- **P-** Uh, mostly but, um, I've never experienced anything like this and I've never had anyone close to me experience anything like it, so I wouldn't know how to help them

in a way that could actually help them instead of just like making it worse or anything like that, so I wouldn't really know how to approach it.

- **I-** Okay, so would it be fair to say that some of your discomfort in these situations, these scenarios, is to do with not-feeling like you can't really help the other person?
- **P-** Yeah, for sure. I think that, um, like I would want to try, but I wouldn't want to try in a way that would end up doing the opposite, so I think it would make me a little bit timid at the beginning.
- **I-** Okay, um, do you think- what- what might- what do you think might be able to help you give them better help?
- **P-** Um, I think if- potentially if I had more like, um, like experience with people who like help people like this? So, for example, um, if someone needs a therapist, I wish I would have the opportunity to talk to a therapist with my own issues first, then I would know how they approached my issues to kind of use it with them, if that makes sense.
- I- Yeah, definitely. Okay, thank you for that, P. Um, and, uh, same sort of thing- you wouldn't tell your friend to get over it.
- **P-** No, I don't- I don't- I think especially 'cause it happened and obviously it wasn't like, consensual, so it's something that's okay to be traumatised over, um, and it's something that's okay to be like, scared about.
- I- Okay. And, uh, and you said that, uh, you'd feel sympathy for your friend.

- **P-** Oh yeah, for sure, 'cause especially- like I said, they didn't want it to happen in the- in the- for it to begin with, so I feel like it happening is just- would be very unfortunate.
- I- And it wouldn't make you see your friend any differently, this disclosure?
- **P-** No, 'cause I think that it's, um, like, frequent in society when this happens, so it shouldn't be something that's frowned upon in the, like towards the victim, only towards like the person who actually did it.
- **I-** Okay, great, and you imagined the gender to be male in this one.
- **P-** Yeah, I just think, um, from like, news stories and things that you hear and stuff, it's usually male- not all the time- but usually, so that's kind of, what I just assumed.
- **I-** Alright, great. And the next scenario will be your last one.
- P- Okay.

SEXUAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- I- Okay and this one 'definitely happened' as well?
- **P-** Uh, yeah, I feel like it's quite, um, believable because uh, it was talking about like a little bit before, what happened during, in the-the aftermath and like their thoughts and stuff, so I feel like, as like a short scenario, it makes it more believable to believe that it actually happened.
- I- So, the-the detail and the context helped for you?

- P- Yeah, yeah for sure.
- **I-** Okay. And your friend isn't to blame here?
- **P-** No, especially 'cause they said that, um- like it was not their fault for not being conscious, so, um, they weren't able to give their consent, which takes the blame off them completely.
- I- Okay, and uh, you'd be somewhat glad that your friend spoke to you about this.
- **P-** Yeah, it's kinda the same thing, um, because I've never experienced that, I wouldn't know how to help someone get over it, and I feel like that would- I would be glad that they did, but it would put me in a weird situation on trying to find out what actually happened or how to help what actually happened.
- **I-** Of course, okay. Um, and you'd still feel sympathy for them even though you couldn't, you know, relate to it directly?
- **P-** Yeah, 'cause I feel like, um, even if I couldn't relate to it, I could still imagine how horrible it would feel and how I wouldn't want that feeling on myself, so I can sympathise with them, knowing that they're someone who has to actually go through with it.
- I- Okay, and, uh, the disclosure would not make me see my friend any differently...
- **P-** No, I don't- I think especially 'cause they weren't even conscious very much through it, so it doesn't really reflect on their- them as a person, so.
- **I-** Okay, great. And you didn't have a specific gender in mind for this one?

**P-** No, I think it could've gone either way, or multiple ways, 'cause it's just kind of- I guess depends on who they were hanging around and who was able to do that, I guess, if that makes sense? 'Cause they were- cause if it was male, it could've potentially been- and that means, like, they had more strength, which makes sense, but then if it was female or anyone else, uh- there were like-like- did it say- what was the word they used? So, when he was like drinking and stuff, 'cause he wasn't fully conscious, like his strength deteriorated, so anyone could've really had the ability to do stuff to him, so.

I- Okay, that makes sense. Alright and, uh, if you click next, um- there will not be another scenario, but click next, um, and then these questions I'd like you to answer off the call, so there's just two questions, um, if you answer them when I've finished the call, that would be fantastic.

END OF INTERVIEW.

Interview 4

Participant 4, Female

Date: 26/03/2021

Start: 13:18

End: 13:46

WELCOME, THANKS FOR COMING, INSTRUCTIONS, RIGHT TO WITHDRAW

ETC.

SEXUAL ABUSE SCENARIO 1, MALE SURVIVOR DISPLAYED. PPT ANSWERS

SURVEY QUESTIONS.

I- Alright, brilliant, thank you for that, P. If you can scroll to the top for me.

P- Yep.

I- Um, so, this scenario you s- you thought it 'probably happened', so explain your

thoughts behind that for me.

P- Um, so obviously the way he has described, um, the incident that's happened to

him is guite detailed, I would say, um, and, I don't tend to think of someone that

describes something in detail to be lying about it because obviously they've had to-

they would have to have come up with those details from somewhere. Um, obviously

I don't think you can be one-hundred percent sure that it definitely happened, um, in

what he said because obviously it's not been seen or anything.

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- **I-** Alright, great, thank you for that, then if you go down to the next set of questions for me. Um, so, you don't think that your friend was to blame at all for what happened?
- **P-** Nope, um, because at the end of the day, um, he was, sort of at a party and just because of the situation he was in, you can't condone what happened to him.
- **I-** Alright, and, uh, you'd be glad that your friend would've talked to you about this.
- **P-** Yeah, I think it's important that, um, sort of, people share things that have happened to them so they can get the right help and support they need, so I'd be happy that he feels that he is able to come to me.
- **I-** And what kind of support do you think maybe would be good for him in this situation?
- **P-** Um, I think definitely police support, so maybe going to the police, um, and having, sort of, them investigating it. Also, possibly counselling, um, to enable him to, um, sort of, um, get over what's happened to him and to see what they say basically.
- **I-** Alright, and uh, and you say that you wouldn't tell them to just get over it.
- **P:** No, 'cause what's happened to him is wrong no matter what he did or anything like that, so I don't think that's appropriate.
- **I-** Alright, uh, and you said, uh, neither agree nor disagree on, uh, this disclosure would not make me see my friend any differently. Talk me through that one.
- **P-** Yeah, um, because I don't disagree because, um, it wouldn't, but equally I don't think that it would change my opinion of somebody, um, so I would just help and support them no matter what the situation was or what had happened to them.

- **I-** Okay, and uh, and it wouldn't make you feel uncomfortable, this disclosure.
- **P-** No, not at all.
- **I-** Alright, and, uh, and you say you imagined the attacker to be male in this scenario?
- **P-** Yep. Um, I think that's because obviously what has happened to him I tend to associate that with a stronger individual. As he is male, I tend to associate that with someone who is also male, um, however obviously it may not be the case, um, but automatically that's the answer that I'm drawn to.
- **I-** Alright, great, if you could go onto the next one for me, P, and do the exact same thing for me.

SEXUAL ABUSE SCENARIO 2, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- **I-** Alright, okay, so if you scroll up to the top again. Um, and you said 'probably happened' for this one as well.
- **P-** Yep, um, obviously like what she said, um, sort of- and the way that she describes it, um, I've had similar situations within my friendships that have happened, um, and there's quite a lot of, um, similarities there. However obviously because she was intoxicated and drunk, I couldn't be definitely sure that it had happened.
- **I-** Okay, um, and, uh, still though you don't think your friend was to blame for this.
- **P-** No, 'cause as I said last time, any situation that someone's in, whether they're drunk or intoxicated or had a flirty joke, um, it's still inappropriate and wrong, um, on all levels.

- I- Okay, great. Um, and you'd be glad that your friend reached out to you about that?
- **P-** Yeah, definitely, I think it's important that no matter what the situation is that people talk to each other.
- I- Alright, and the same sort of reason behind the professional help as well?
- **P-** Yeah, definitely, I would recommend that they sort of go to the police, um, and again, obviously if it was affecting them massively, to get counselling. Um, so, yeah.
- **I-** And you wouldn't tell them to just get over it.
- P- No, um, not at all.
- I- Okay, and- and you'd still feel sympathy for them?
- **P-** Yeah, definitely 'cause obviously it's affecting them, and if it affects them, it affects them you can't change that.
- **I-** And, uh, your answer's slightly different on this one from the last one. So, this time you said somewhat agree on this disclosure would not make me see my friend any differently.
- **P-** Yes, because, um, it sort of would in the respect that obviously sort of extra careful that sort of the things I would say to them wouldn't um- so if we were describing another situation, for example, I'd be careful what I said in response to that situation, and also, um, checking up on them more so than I would with the other situation, um, so it would make me see them slightly differently, um, just to make sure that they're okay more.

- I- And, um, could you just talk me through what the differences are, um, for you personally between those two scenarios? What-what would make you act slightly differently?
- **P-** Um, I think probably the fact that it's a female, um, maybe I've got more relations to them, and also the fact that, I think generally, we tend to think of females as needing slightly more support than I would as a- for a male, um, which is probably wrong, but that's just how I think, I guess.
- **I-** Alright, great. Um, and then, uh, the disclosure still wouldn't make you uncomfortable.
- **P-** No, not at all. Um, I think it's important that we have those conversations.
- **I-** Right, brilliant, and then the last question. Uh, you imagined them to be a male attacker.
- **P-** Yeah, I think this is sort of like a statistical probability, um, and although it could be a female, I think generally, um, males tend to take opportunity in those situations, um, although I couldn't be one-hundred percent sure.
- **I-** Alright, onto the next scenario then. And exactly the same as before please, P.

EMOTIONAL ABUSE SCENARIO 1, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- P- Alright?
- **I-** Okay, if you could scroll to the top again for me.
- P- Uh, yep.

- I- You were unsure on this one.
- **P-** Yeah, um, because- I'm not saying it did or didn't happen- um, but obviously the way that we perceive things can be different for different situations, um, and, yeah, I guess they were all one-sided, but equally, with this different people can think that, um, something's happened to them in a bad way when maybe it hasn't. It could be a misunderstanding.
- **I-** Okay. Alright, so onto these. Um, so, you-you think maybe your friend might have played a bit of a part in this?
- **P-** Um, in the respect that obviously if you don't like something that's happened to you, it's important to stand up and say that. Um, if you've not told someone how it affects you, you can't expect them to change the way that they speak to you. Um, so yeah that's how I feel that they could be partly to blame in that respect.
- I- Okay, um, and you'd still be glad that they spoke to you about this happening.
- **P-** Yeah, definitely, because obviously if it's affecting them then it's important.
- **I-** Alright, um, but you weren't so sure on whether they would need professional help in this situation.
- **P-** No, I think if, um, sort of they're struggling mentally then maybe, but, um, I think this situation could sort of be ended fairly quickly, um, by having those conversations rather than having special intervention.
- **I-** Alright, great. Um, and your answer's changed slightly on the next statement as well. Talk me through that one.

- **P-** Um, well, I wouldn't say necessarily they need to get over it, move on straight away, but equally in life we have to, um, sort of, be associated with people that we don't necessarily get on with all the time, and that's an important life lesson, and in the grand scheme of things, I would say it's a fairly minute, um, sort of issue, um, so yeah, I wouldn't tell them to just move on, but equally I wouldn't tell them to go and sort of receive lots of help for it.
- **I-** Okay, great. Um, but you'd still feel some sympathy for them all the same.
- **P-** Yeah, definitely, because I would still, um, sort of- I wouldn't like to be in that situation, so that's why I'd feel sympathy for them.
- **I-** Alright, and, uh, and it wouldn't make you uncomfortable, this disclosure.
- P- No, not at all.
- I- Is that because of- you know, it's-it's potentially less severe of a situation?
- **P-** Um, yeah, it might be something to do with like my work. Um, I work in a like school, um, with vulnerable children, so obviously I'm used to- I'm used to receiving sort of quite intense disclosures, so maybe that's the reason why-
- I- Oh okay.
- **P-** I wouldn't feel, um, so uncomfortable because I'm sort of used to that, but I could understand if someone's not then it could affect them.
- I- That's interesting to know, thank you, P. Um, and then the last question, you didn't have a specific gender in mind.

- **P-** No, um, tend-tends to be girls can be slightly, uh, more bitchy and girls tend to be associated with those situations more, however, equally, um, boys can do that so, um, I'm not quite too sure on that one.
- **I-** Alright, brilliant, onto the next one for me. Alright, read that one through and then start the questions.

EMOTIONAL ABUSE SCENARIO 2, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- I- Alright, and if you scroll to the top for me. Unsure on this one as well?
- **P-** Uh, yeah, there's not too much information, um, and obviously different people can perceive things in different ways, um, that's my reasoning behind that answer.
- **I-** So, again, it's-it's kind of the ambiguity around the social situation.
- P- Definitely, yeah.
- **I-** Alright, um, and a bit unsure on whether they were to blame. Is that the same sort of thing, the ambiguity around it?
- P- Yeah, that's correct.
- **I-** Alright, um, but you'd be glad that your friend told you about it?
- P- Yes, 'cause, um, then, sort of, I can support them through it.
- I- And, uh, you said that you would recommend your friend seeks help this time.
- **P-** Oh, sorry, I was supposed to put a different answer for that one. Can I- can I change it?

- I- Yes, of course you can.
- **P-** Sorry. It was supposed to be strongly disagree.
- **I-** Alright, brilliant, um, is that for the same sort of reason as last time?
- **P-** Um, yeah, I think obviously this is an issue that, um, you can get over by talking through it. I wouldn't necessarily class this as emotional abuse personally, um, just due to the situation, um, so I wouldn't get them to seek professional help as such.
- **I-** Alright, great. Um, and, uh, so it wouldn't make you feel uncomfortable, um, but you'd still feel sympathy for them all the same.
- **P-** Yeah, that's right.
- **I-** Alright, and then the last question, you said male.
- **P-** Yep, um, just because when I think of like workshop groups and um, people- like when the workload goes wrong and lack of work, I tend to think boys tend to, um, work less hard in workshops than girls do and take on less of the workload just from personal experiences, um, which made me put that answer.
- **I-** Alright, great, onto the next one. Give that one a read for me.

PHYSICAL ABUSE SCENARIO 1, MALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- P- Uh, yep.
- **I-** Okay. Um, so this one 'definitely happened' for you.

- **P-** Um, yep, because there is physical evidence, um, and I do believe his story, um, due to the details in it.
- I- Okay, great. Um, and, uh, you thought maybe your friend might have played a small part in this?
- **P-** Yep, because obviously, um, fights that happen are two-way, um, and it sounds like it wasn't just, uh, all aimed at him, it was sort of, um- he also was part of that and-and could've walked out and stopped it or walked off if he wanted to.
- I- Okay, um, and you'd be glad that your friend told you that that happened.
- **P-** Yeah, definitely. I think it's important that they obviously talk about any issues they have that affects them.
- I- Um, and in this case, you would recommend that they seek some help for it.
- **P-** Yep, um, if this situation has happened, I would identify that as, uh, physical abuse, so I think it's important they get help from police or police helplines or counselling etc. etc.
- **I-** Okay, and it's not something that they'd be able to just get over?
- **P-** Yeah, definitely, I think that, um, these sorts of situations tend to be more long term, um, so I wouldn't suggest that.
- **I-** Alright, um, and the disclosure might make your friend- might make you see your friend slightly differently?

- **P-** Uh, yeah, um, in the respect that I would sort of worry more about them in future relationships or if they stayed in the relationship, I'd probably worry more than I would of if the situation hadn't have occurred.
- **I-** Okay, great. Um, but it still wouldn't make you uncomfortable, them telling you about that?
- P- No, not at all.
- **I-** Okay, and then the last question. Didn't have a specific gender for this one?
- **P-** No, um, sort of- female went straight to mind, but equally, you know, if the person was in a gay relationship or something, it could be equal probability, um, of their significant other, so I don't have a preference.
- **I-** Alright, great, and the next one will be your last one.
- P- Cool.

PHYSICAL ABUSE SCENARIO 2, FEMALE SURVIVOR DISPLAYED. PPT ANSWERS SURVEY QUESTIONS.

- P- Uh, yep.
- **I-** Okay, so this one also 'definitely happened'.
- **P-** Yep, um, although there's not like, really any physical evidence, um, I think that the way that she's described it- and these situations tend to be fairly common, um, so I think probability-wise, I think it definitely happened.
- I- Okay. Um, and your friend wasn't to blame for this one.

- **P-** Um, nope because like, it wasn't her fault and whatever happened, happened and you couldn't have changed the situation, um, so I don't believe that it was her fault.
- **I-** Okay and you'd recommend she seek help for this.
- **P-** Yeah, definitely, obviously if this had happened it's a criminal act, um, so it's important that that's dealt with by the police or somebody else.
- I- Okay, and-and you wouldn't tell them to just try and move on from it.
- **P-** No, I think that obviously 'cause it's, like, against the law and stuff, it's important to appreciate that this- these sorts of things take time to get over.
- **I-** Okay, and you'd feel sympathetic towards her.
- **P-** Yeah, definitely, 'cause obviously it's not a very nice thing to happen to you.
- I- And it wouldn't make you see her any differently.
- P- No, not at all.
- **I-** Do you think that that would be the same if she had been a male friend?
- **P-** Um...Probably not, um, because if it was a male, I would tend to think that they've got more chance of maybe fighting back, um, and I'm assuming that this attacker, um, is male- obviously it could not be- but if it was sort of a male-on-male attack then, um, I would expect the male to fight back and the female not to, um, due to a possible imbalance of power.
- **I-** Okay, great. Thank you for that. Um, and then male, so is that because of the kind of power you were talking about there?

P- Yep, um, and I haven't really heard in the media and stuff of any sort of females

that um, sort of, will knee someone in the face to steal money or whatever, um,

although that could be the case, I think, um, statistically I would, um, assume that it is

male.

I- Okay, great. So, if you continue onto the next page for me. You won't see another

scenario. Um, there's a couple of questions now that I'd like you to answer off the call

once I've ended it, um-

P- Okay, brilliant.

END OF INTERVIEW.